



THE SAXON NEWS

Volksblatt

Celebrating over 100 years of Saxon Fraternalism

Published by
The Alliance
of Transylvanian Saxons
Home Office: 5393 Pearl Road
Cleveland, Ohio 44129-1597
Tel: (440) 842-8442

ATS Founded in 1902

Friday, August 15, 2014

Issue 17

BRANCH 2, ERIE By Lee Wolfe

Hi! We did not have a meeting in July as we held our annual picnic. We extend our sympathy to the families and friends of deceased member Kathleen Kwiatkowski and former Veronica Cywinski, sister of our Financial Secretary, Liz Manning.

We did not have a big crowd at our picnic, but those of us who attended can say we had a nice time. There certainly was enough food and drink. Everyone who attended received a free ticket for a chance to win one of five gift certificates to have dinner around various restaurants including the Siebenbuerger Club. The winners were Sue Kulik, Judy Wagner, Karen Olson, Joanne Kurczewski and Corey McLaughlin. We played Bingo and had games of chance and I think just about everyone won a little something. The 50/50 was won by Lee Wolfe and the nice sum collected in the cash prize winner take all was won by Val Pinczewski. All and all it was a pleasant Sunday afternoon and those of us who came were glad that we did.

There will be NO MEETING IN AUGUST. Our next meeting will be held Sunday, September 21st at 2:30 p.m. at the Siebenbuerger Club. Our next Supper/Business meeting will be held Sunday, October 19th at 2:30 p.m. A menu has not been set but the members will do so at our September meeting. In the meantime if you want you can make a reservation with Val Pinczewski at 898-0494.

Happy Birthday to our August celebrants: Walter Bagnoni, Alexander F. DeRosa, Corey McLaughlin, Morgan R. Lockard, Christopher J. Peck, Sarah K. Voegelle, Robert J. Garofalo, Wilma J. Wood, William Grabofski, Jerome DiLeva, Sara Comi, Thomas R. Chulick, Kyle M. Melerski, Taylor Richard J. Tryzbiak, Joanne D. Kurczewski, Kyle R. Peck, John W. Waterhouse, Lee Wolfe, Zachary Cacchione, Jeffery T. Szerensci, Kevin C. Cannell, Stephen P. Wagner, Karl Gaber, Jake Randolph, Fritz Randolph, Sarah C. Lohse, Maureen Nicholson, Bryan J. Melerski, Louis P. Hesch, Gerald K. Kirby, Thomas J. Manning, Joseph Marshall, Amy Barrett, Kevin M. Peck, Albert Schnell, Justin P. Griffith, Erin Honeycutt, Gerald Reidel, Jeffrey Reidel, Theodore Bennett and Robert L. Markham.

Happy Anniversary to our August couples: Ronald and Eleanore Uglow, Sr., 60 years; Rick and Carrie Williams, 38 years; William and Eileen Reed, 62 years; Roger and Nancie Stowe, 62 years; Mr. and

Mrs. Thomas Sedwick and William and Donnalee Morschhauser, 58 years; Richard and Leona Wolfe, 55 years; Lester and Margaret Carr, 52 years; John and Eileen Agostini, 34 years; and Joseph and Esther Ann Neilsen, 50 years. We wish all of the above a bright and very happy day!

Here are some bloopers that actually appeared in various church bulletins.

Thursday Night, Potluck Supper. Prayer and medication to follow...

Tuesday at 4 p.m. there will be an ice cream social. All ladies giving milk will please come early...

Wednesday the Ladies Liturgy Group will meet. Mrs. Johnson will sing "Put Me In My Little Bed" accompanied by the Pastor...

Next Sunday a special collection will be taken to defray the cost of the new carpet. All those wishing to do something on the new carpet will come forward and do so...

A Bean Supper will be held on Tuesday evening in the Church Hall. Music will follow.

It's hard to believe that our next meeting will be close to the start of fall. As we say every year "what happened to the summer?", it just seems to zoom by. Let's all hope and pray the upcoming winter will not be as bad as the one we had in 2013 and the beginning of 2014.

See you at the September 21st meeting. Take care.

NOTES OF THANKS

Additional Thank-You Notes from Scholarship Winners:

... I'd like to thank you for awarding me with one of the top scholarships. It's much appreciated. It will be very helpful with my college education at the University of Toledo.

*Thanks again,
Justin Fotiuk*

... I would like to thank the ATS Scholarship Awards Committee for awarding me with the Victor Deptner Memorial Scholarship. I am very honored to receive this scholarship and it is greatly appreciated. The scholarship will be a great help towards my college education at the University of Akron. Thank you again for your generosity.

*Sincerely,
Anny Carroll*

PRESIDENT'S MESSAGE

By Thomas J. Manning
ATS Nat'l President



Two more ATS events have taken place. During the week of July 20-25, 2014, fourteen ATS Junior members enjoyed Saxon Summer Camp held at Camp Frederick in Rogers, Ohio. There were two age groups, one for ages 8 through 11 and the other from the ages of 12 through 15. The older participants had more exciting adventures. During the week, some of the members of the Youth Committee visited the happy campers and said that they were having a great time. We thank Geoffrey Wittine and Monica Gilles from the Cleveland Dance Group for teaching the campers several of the Saxon dances.

On Saturday, July 26, 2014, ATS Family Day was held at Waldameer Amusement Park and Water World in Erie, PA. Unfortunately, Liz and I were unable to attend due to the death of Liz's sister. She certainly will be missed. I do understand that a certain ATS Officer, who is also on the Youth Committee, was surprised with a birthday cake that day. I do know how old she is, but I'll let her tell you that. From what I was told, everyone who attended enjoyed the day. We thank 2nd Vice-President, Joan Miller-Malue, Chairperson of the Youth Committee, and her committee members for their time and effort in handling all of the Youth Activities in the ATS.

With the end of August nearing, many of our Branches will return to their regular monthly meetings. It is important that you attend these meetings. Your Branch needs the support of all the members and with your help it will become stronger. Also, a quick reminder, with the end of August, many of our local school districts will start the new school year. Everyone should be extra careful when driving through a school zone. Many times a child has not seen his or her classmates during the summer vacation and they will dart across the street to greet one another. Please be careful and alert.

Quote of the Day: "He that will have a perfect brother must resign himself to remaining brotherless." Why do those closest to us sometimes refuse to act the way we would like them to? Why aren't they always exactly the people we would like them to be? We have many friends, and, oddly, not one of them is perfect. We love them all, however, as much for, as in spite of, their imperfections. Which is a good thing, for if we demanded perfection we would have no friends.

Take care until next time and may God bless the members of the ATS.

HAVE A NEW ADDRESS?

If you belong to a household receiving two or more Volksblatts, or if you have recently moved and have a new address, you can alleviate both situations simply by using the Change of Address Form printed in the Volksblatt. We ask that one Volksblatt per household be sufficient.

Also, the same form holds good for any of our members who would like to, but are not receiving the newspaper. If you are a member in good standing, you are entitled to receive our publication.

**TIMELY - DO NOT DELAY
MAILED WEDNESDAY, August 13, 2014**

**Attention Postmaster: Send all Changes of Address to:
The Alliance of Transylvanian Saxons
5393 Pearl Road Cleveland, OH 44129-1597**

**BRANCH 4,
CLEVELAND**
By Joan Miller-Malue

It was a lovely evening in the Biergarten for the Sommerfest. Our ladies made delicious goulash and our manager, Scott, made various homemade sausages on the grill. We enjoyed the music by Fred Ziwich and the performance by the Cleveland Saxon Dance Group. Our young children had a great time dancing together and especially enjoyed the Chicken Dance, the Fliegerlied and the Mickey Mouse Polka.

We want to express our sincere sympathy to Sister Johanna Greger and her family on the sudden passing of Andreas at the age of 77. Andreas cherished his wife, three sons and daughter-in-laws and his six grandchildren. We can remember him as a quiet man with a warm friendly smile.

We also send our sympathy to Ema Litschel, Krista Greger, and Horst Haner on the passing of their mother in Germany last month.

We wish a quick recovery for our Trustee Christine Roppelt who had surgery last month. We hope that she can get back to her daily activities very soon.

The Cleveland Saxon Dance Group will be performing at the Cleveland Oktoberfest on Monday, September 1st. I am sure the group would like to see you out there and join them for a few drinks. The Dance Group practices at the Sachsenheim on Friday evening and is looking for new members. Anyone interested in joining should contact Geoff Wittine at 216-906-5646.

As soon as we mention Oktoberfest we know that the summer is winding down. School will be started up for some of our junior members in a few weeks and the days are getting shorter.

September brings us back to our monthly meeting schedules. Our first meeting after our summer break will be Monday, September 15th at 7 pm. We hope to see you then.

BRANCH 26, MERRILLVILLE
By Helen Brooks

The meeting of the Saxon Lodge Branch 26 was called to order by President Randall Floyd. The pledge to the flag was said.

Roll call of officers – Zita and Sam Palyok were excused.

Minutes were read and approved. A sick slip for Marie Szostek was read and approved.

Pete Guip read the Treasurer's report; it was voted upon and approved. The financial report was read by Walter Szostek and approved.

We had a guest who came with the Schuffert family; we welcomed Joyce Hixon.

**The Youngstown Saxon Club
Ladies Branch #22**



**We are searching for Vendors for
our Annual Fall Craft Show.**

**The Show will be held in our Ballroom at
710 S. Meridian Rd.,
Youngstown, OH 44509.**

**The date is November 8th,
and the time is from 9:00 AM to 3:00 PM.**

**The cost for an 8 foot table will be \$30.00.
Food will be available,
also a Basket Raffle and a 50/50 Raffle.
For more information
call Betty at 330-788-4274**

**Any one of hundreds of viruses can cause a
cold, sometimes a long-lasting one**

The common cold can last longer than many people think; up to two weeks for the main symptoms and longer for a cough that stays even after the virus is gone.

It's also possible to get back-to-back colds. Doctors say it's unlikely that you'd be infected with the same virus because the body builds some immunity to it. These are the cold facts;

- Adults get two to five colds a year, mostly between September and May.
- Colds are most contagious about two days before symptoms start and in the early stages of the illness.
- The average cold lasts for five to 14 days. Coughs can last for 18 days or more.
- Experts say it's possible

that the carrier of germs can infect others without having symptoms himself.

• Exercise, reducing stress, getting enough sleep and hand hygiene can help to prevent a cold.

• Influenza gets more attention, but the common cold is the leading cause of doctor visits, according to the National Institutes of Health.

Each year, people in the U.S. get a total of about 22 million colds. School children get seven to 10 colds. The elderly get fewer colds because they've built up immunity.

Rhinovirus is the most common viral cause of the common cold, accounting for 20 percent to 50 percent of adult colds.

Experts say rhinoviruses are out there all the time. It's just a question of when you are susceptible. Stress, lack of sleep and your overall health can make you more likely to get infected.

"The most confounding thing of all is that we still haven't identified 20 percent to 30 percent of adult common colds," said Anthony Fauci, director of the National Institute of Allergy and Infectious diseases.

Sometimes a cold that never seems to end could be caused by an allergy.

Sometimes it could be a sign of something more serious. A cold may result in a sinus infection, bronchitis or pneumonia.

Alliance of Transylvanian Saxons
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SECRETARIES TAKE NOTICE:

**THE DEADLINE DATE FOR ARTICLES
IS WEDNESDAY - 12 NOON.**

You may either

**MAIL: PO BOX 45198,
Westlake, OH 44145**

FAX: (440) 399-9339

E-MAIL: saxonvolksblatt@aol.com

**Articles e-mailed will receive an e-mailed confirmation
by Noon Thursday. If you did not receive a confirma-
tion, please give us a call.**

DEADLINE DATES FOR ARTICLES:

DEADLINE	ISSUE
WEDNESDAY, AUGUST 20, 2014	FRIDAY, AUGUST 29, 2014
WEDNESDAY, SEPTEMBER 3, 2014	FRIDAY, SEPTEMBER 12, 2014
WEDNESDAY, SEPTEMBER 17, 2014	FRIDAY, SEPTEMBER 26, 2014

Please have your articles in by 12 Noon.

Did you miss the deadline?

Have you emailed your article past 12 noon?

Please call Hanz or Barb Hermann at (440) 892-0436.

Heart-healthy Spinach Frittata with Creole sauce



Dishes like the Frittata have been around for centuries. The name comes from the Italian verb "friggere" which means to fry.

The Frittata has often been called an Italian open faced omelette. One interesting thing about it is that you won't find it on many menus in Italy. It's not something that would be considered formal fare.

This recipe is called a heart-healthy spinach frittata because it's made with an egg substitute and fresh or frozen vegetables. If you like, you can add some lean chopped ham to the mixture.

The Creole sauce gives it a delicious and colorful touch.

The Creole Sauce

- 1 cup coarsely chopped tomato
 - 1/4 cup chopped onion
 - 2 tablespoon sliced celery
 - 1/4 teaspoon paprika
 - 1/8 teaspoon pepper
 - 1/8 teaspoon red pepper sauce
- The Frittata
- 2 teaspoon canola or soybean oil
 - 1/4 cup chopped onion
 - 9 ounces Green Giant™ frozen

- spinach, thawed and drained
- 1 1/2 cups fat-free egg product
- 1/2 teaspoon chopped fresh or 1/8 teaspoon dried thyme leaves
- 1/8 teaspoon salt
- 1/8 teaspoon pepper
- 2 tablespoons shredded reduced-fat mozzarella cheese

The Directions

In small saucepan, heat the sauce ingredients to boiling, stirring occasionally; reduce heat. Simmer uncovered about 5 minutes, stirring occasionally, until thickened. Keep warm.

In 8-inch nonstick skillet, heat oil over medium heat. Add the onion; and cook 2 minutes, stirring occasionally. Add spinach and cook 2 to 4 minutes, stirring constantly, until the spinach is thoroughly heated.

In small bowl, beat the egg product, thyme, salt and pepper. Pour it over the spinach.

Cover; and cook over medium-low heat 5 to 7 minutes or until set and light brown on bottom.

Sprinkle with cheese. Cut into wedges. Serve with sauce.

ATS OPEN-BOWLING TOURNAMENT RULES

1. All bowlers must be Alliance of Transylvanian Saxon members in good standing to participate in this tournament.
2. Each bowler will receive 100% of the difference between his or her average and a two hundred ten (210) scratch with no limit on pins.
3. Averages to be used are:
 - a) The average of the past five years' tournaments.
 - b) If the bowler has no tournament average then the bowler will establish his or her average after the first three games rolled in the tournament, which will remain the bowler's average for the remainder of the tournament.
4. A bowler may bowl only once in each event in this tournament.
5. The tournament management has the right to return for correction any entry, which does not comply with the above rules.
6. Prizes will be awarded at the ration of at least one (1) prize for each ten entries. One hundred percent of the prize fee must be returned. Prizes will be awarded by handicapped scores and not by gender.
7. It shall be the duty of the tournament manager to keep a running record of all bowlers' averages participating in each event.
8. Tournament starts on October 18 and ends on October 19, 2014.
9. Closing date for entries is October 1, 2014.
10. There will be no refunds of fees after October 6, 2014.
11. All Event Winners will be determined by actual scores bowled.
12. We will start with Doubles Event followed by the Singles Event on Saturday.

ALLIANCE OF TRANSYLVANIAN SAXONS NATIONAL OPEN HANDICAP BOWLING TOURNAMENT

Hosted by: Chicago – Branch 9

Brunswick Zone Niles

7333 Milwaukee Avenue

Niles, Illinois 60714

SATURDAY, OCTOBER 18

& SUNDAY, OCTOBER 19, 2014



Team Name _____ Branch No. _____ City _____

Name, Address & Phone Number of person submitting entry (meal tickets will be held in your name):

Entry Fees	Team	Doubles	Singles	All Events – Actual Pins
Prize	\$ 50.00	\$20.00	\$10.00	\$2.00
Bowling	\$ 45.00	\$18.00	\$ 9.00	-----
Expense	\$ 5.00	\$ 2.00	\$ 1.00	-----
TOTAL	\$100.00	\$40.00	\$20.00	\$2.00

Prize fee returned 100% - All events is optional

Check in on Saturday at 9:00 am

DOUBLES: Saturday, October 18, 9:30 am

SINGLES: Saturday, October 18, at 12:15 pm

DOUBLES		SINGLES	
1.	Cert. No.	1.	Cert. No.
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Team Event: Sunday, October 19, 2014 9:00 a.m. (Check in at 8:30 am)

Name	ATS Cert. No.
1. _____	_____
2. _____	_____
3. _____	_____
4. _____	_____
5. _____	_____

ALL EVENTS		ALL EVENTS	
1.	Cert. No.	1.	Cert. No.
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

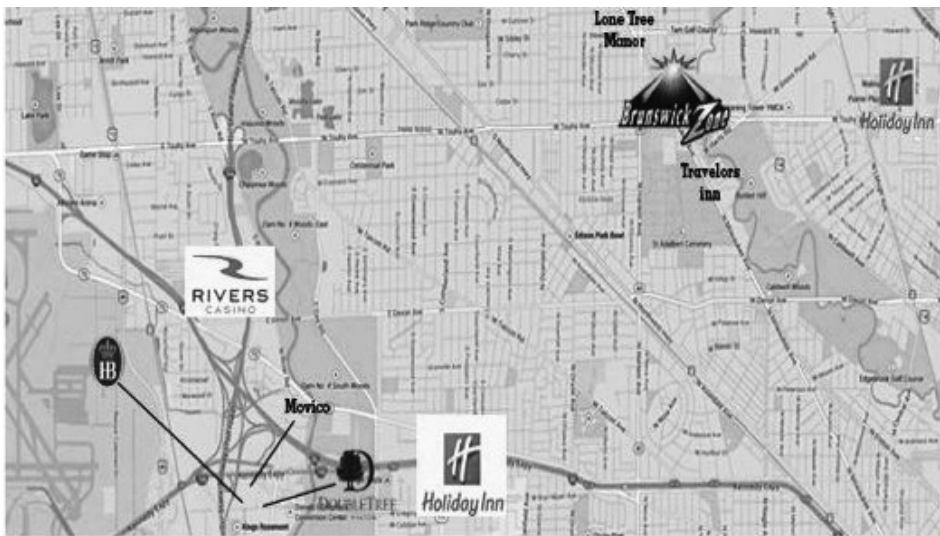
**Deadline for Entries: October 1, 2014
(No Entries after this Date)**

All fees MUST accompany this Form
No Refunds after October 6, 2014

Submit all Entries to Brian Schiller,
1239 West Cornelia Avenue, Chicago, IL 60657
Any further questions call Brian at Telephone: (708) 805-2910
or Email: scmbb@hotmail.com

Make checks payable to: Transylvanian Saxons Benefit Society Br. 9

Team Events _____	@ \$100.00 = \$ _____
Doubles _____	@ \$40.00 = \$ _____
Singles _____	@ \$20.00 = \$ _____
All Events _____	@ \$ 2.00 = \$ _____
Non-Bowler Sunday Banquet Reservation _____	@ \$21.00 = \$ _____
Bowler Sunday Banquet Reservation _____	@ \$10.00 = \$ _____
TOTAL ENCLOSED	\$ _____



Bowling Lanes:
Brunswick Zone Niles
7333 Milwaukee Avenue
Niles, IL 60714
Phone: 847-647-9433

Holiday Inn
5615 N. Cumberland Ave
Chicago, IL 60631
Phone: 773-693-5800
Rate: \$85 per night with group code
Group Code: Saxon Bowling
4 miles from Lanes – 10 min. drive)

Double Tree Inn
5460 N. River Road
Rosemount, IL 60018
Phone: 847-292-9100
Rate: \$120 per night
(6 mi from Lanes)

Holiday Inn Skokie
5300 W Touhy Ave
Skokie, IL 60077
Phone: 847-679-8900
Rate: \$171 per night
2 miles from Lanes

Travelers Inn of Niles
7247 N Waukegan Road
Niles, IL 60714
Phone: 847-647-9444
Rate: \$65 per night
.5 mile from Lanes

Sunday Banquet Hall:
Lone Tree Manor
7730 N. Milwaukee
Niles, IL 60714

Bowling Lanes and Hotel approximately 15 minutes from O'Hare International Airport

Suggested Saturday Night Entertainment (all within 15 minute drive of bowling alley)

Hofbrauhaus
5500 Park Place
Rosemount, IL 60018
Phone: 847-671-2739

Movico Theater
9701 Bryn Mawr Ave
Rosemount, IL 60018
Phone: 847-447-1030

Rivers Casino
3000 S. River Road
Des Plaines, IL 60018
Phone: 888-307-0777

FRATERNAL CALENDAR

NATIONAL EVENTS

2014

October 18-19, 2014
ATS Annual Open Bowling Tournament
 Host: Branch 9, Chicago

LOCAL EVENTS

August 21, 2014
 Youngstown Ladies Bocce Banquet

August 22, 2014
 New Castle Night at the Races at the Grounds

August 23, 2014
 Youngstown Kubik Benefit Golf Outing

August 25, 2014
 Youngstown Men's Bocce Banquet

September 1, 2014
 New Castle Monday Night Drawing at the Grounds
 Youngstown Labor Day Saxon Club Closed

September 7, 2014
 Youngstown Branch 22 Chinese Auction
 Youngstown Speck Fry

September 11, 2014
 Youngstown Retirees Meet

September 13, 2014
 Youngstown 300 Club Dinner
 Youngstown Culture Group Sausage Sale

September 14, 2014
 Youngstown Branch 22 & Branch 30 Meet

September 20, 2014
 Youngstown Saxon Club Golf League Banquet

September 21, 2014
 Youngstown Oktoberfest

September 27, 2014
 New Castle Oktoberfest

September 28, 2014
 New Castle - Last Day Grounds is open
 Youngstown Pork Dinner

October 5, 2014
 Youngstown Spaghetti Dinner, open to the Public?
 Youngstown Saxon Club Octoberoberfest

October 9, 2014
 Youngstown Retirees meet

October 11, 2014
 Cleveland Saxon Dance Group Traubenfest

October 12, 2014
 Youngstown Branch 22 & 30 meet, 2 PM

October 16, 2014
 Youngstown Calendar Dinner, Lower Lounge

October 18, 2014
 Youngstown Sweetest Day

October 19, 2014
 Youngstown Pork Dinner, open to Public, in Ballroom

October 24, 2014
 Cleveland Br 1 and 4 Children's Halloween Party
 Youngstown Children's Halloween Party – Ball room

October 25, 2014
 New Castle Kids' Halloween Party at the Club 3 p.m.
 New Castle Fall Festival Party at the Club 7 p.m.

November 1, 2014
 Youngstown Trachenball, open to the public

November 2, 2014
 New Castle Fall Sauerkraut Dinner Noon - 3 p.m.
 Youngstown Spaghetti Dinner, open to the Public

November 7, 2014
 Youngstown Setup for Craft Show

November 8, 2014
 Youngstown Branch 22 Craft Show, open to the Public

November 9, 2014
 Cleveland Br 1 and 4 Veterans' Day Dinner
 Youngstown Branch 22 & 30 meet, 2 PM

November 13, 2014
 Youngstown Retirees meet
 Youngstown Fall Bocce Banquet, Men

November 16, 2014
 Youngstown Pork Dinner, open to the Public, in Ballroom

November 26, 2014
 New Castle - Thanksgiving Eve - Club open

November 27, 2014
 New Castle - Thanksgiving Day - Club closed
 Youngstown Saxon Club closed

December 4, 2014
 New Castle Br. 25 - Election of Officers
 Cleveland Sachsenchor Sausage Sale

December 6, 2014
 Cleveland Br 1 and 4 Children's Christmas Party

BRANCH 9 CHICAGO PICNIC



BRANCH 9, CHICAGO By Rose-Marie Hauer

I hope summer is treating you all well!

The Picnic was held on June 29, and the weather was beautiful. Thank you to the committee for doing such a great job! The main courses and the desserts were delicious! The raffle had so many prizes everyone went home happy. It was so nice to see so many people come out for the day.

I am saddened to report that Brother Michael Haner passed away at his home on June 30th, 2014. Michael was born in Denndorf, Romania, on August 24th, 1923 and immigrated to Chicago from Immenhausen, Germany in 1957. He was the beloved husband of Katharina (d. 1977); he is survived by his daughters Brigitte (Daniel, d. 2010) Chobot and Irmgard Kathie (James) Buckley. He was the proud grandfather to six grandchildren, as well as three great-grandchildren. He is also survived by his dear friend and companion, Katie Marquis. He enjoyed gardening and swimming, and was a champion bowler.

Mark your calendars for the Stueben parade which will be held on September 6. Please let President Thut know if you can attend.

Our next meeting will be on August 4, at the DANK Haus! See you all then.

Get moving ... faster!

If you're walking to improve your health, as many of us are, you may wonder whether how fast you walk makes any difference.

Contrary to some previous findings, a new analysis of data on about 39,000 participants in the National Walkers' Health Study finds that, even if the distance traveled was the same, walking at a brisk pace had more benefits.

We don't want to scare you about this, but the researchers came to that conclusion by determining how many people in the study died over a certain period of time.

For your own information, consider how long it takes you to walk one mile. Many in the study took 17 minutes. Most took about 20 minutes and some dawdled along for 24 minutes, at which the premature death rate was considerably higher.

Picking up your pace even a little seemed to pay off. Those that did saw a calculated reduction of their risk for dying prematurely.

CHURCHES



**St. Peter's
German and Saxon
Lutheran Church**
11423 Chicago Rd.
Warren, Michigan 48093
(586) 979-3850
stpeters_church@sbcglobal.net
www.stpeterswarren.or

**Rev. Waldemar Gies
Pastor**
pastorgies@sbcglobal.net

10:00 Bilingual Service

**Nursery School
Coffee following service.
Bible Study, Senior Circle,
Sunday School, Church
Choir, Bell Choir**

St. John's Lutheran Church
1000 Ford Road
Highland Hts., Ohio
(440) 449-1334
**Rev. Paul Stork
Interim Pastor**

9:00 Worship Service

Good Dog

One morning a woman sat down to have breakfast with her husband. "We have such a clever dog," she said as she unfolded the newspaper.

"How so?" asked her husband.

"Well, every morning, he brings me the paper!" she replied.

"That is really not that remarkable," said her husband. "Lots of dogs can do that!"

The wife responded, "But we never even subscribed to the paper!"



Jessica Reed is pictured accepting her ATS Scholarship Certificate from Tom Manning, President of Branch 2, Erie. She is accompanied by her father, Fran Reed.

2014 Cleveland Sachsenheim's Sommerfest Looks like we have some future dancers for the Cleveland Saxon Dance Group



Katie Hanek and Lexi Seiler



Quinn and Katelyn
Pechatsko



We remember our Sisters and Brothers who have departed this life in recent days. Our sincere sympathy is extended to the members of the bereaved families.

Adam T. Muzi
Age 26
Died: May 9, 2014
Branch 33, Cleveland OH

Alfred Wellman
Age 93
Died: May 24, 2014
Branch 30, Youngstown OH

Margaret Fletcher
Age 48
Died: July 21, 2014
Branch 2, Erie PA

M. Alice Fulz
Age 92
Died August 1, 2014
Branch 17, Canton OH

George Thut Sr.
Age 78
Died: August 6, 2014
Branch 9, Chicago IL

Youngstown Saxon Culture Group's Fall Sausage Sale

Pickup is Saturday, September 13

from 9:00 to 2:00 in the pavilion



We are now taking orders for hot, mild, and garlic sausage

All flavors come in 3lb and 5lb links or 5lb bulk packages (each with a little overage).

The price is \$3.50 per pound

You can call in orders to

Walter Benesch 330-398-5449

Maria Bachinger 330-792-4005

Andy Kuthy 330-792-4846

You can also email orders to akuthy@ymail.com.

We will take your phone orders through Tuesday, September 9 and email orders through Wednesday September 10.

All are welcome to join us for German music, beer and sausage sandwiches the day of the pickup, September 13.

Please mark this in your calendar.

'It has a beautiful nose'

Aroma is the part of wine that really draws you to it

As you lift your glass of wine, it's the aroma (or bouquet) that you should first notice.

Wine experts speak of the aroma of a wine as people

might talk about a lover: Seductive, sexy, or earthy.

According to wine writer Lettie Teague you can understand every quality of a wine with your nose, except for the five aspects you can find only with your tongue: salty, sour, sweet, bitter and umami. Umami literally means deliciousness in Japanese.

The late enologist and professor at the University of Bordeaux, Emile Peynaud, claimed in his book "The Taste of Wine", that a wine drinker's sense of smell may be thousands of times more sensitive than his sense of taste.

According to Peynaud, wine aromas can be organized into 10 types: animal (meaty); pine, wood, chemical, spice, smoky and roasted, floral, fruity and vegetal. Wine can

also have tones of estery, or byproducts of fermentation.

Young wines generally have a fruity aroma but, as they age, their smell becomes what is called a 'bouquet.' That older smell becomes more refined and has other tones of minerals, earth and wood.

Wine writer Jancis Robinson gives some good examples of aromas:

Syrah, spicy and licorice.

Wood-aged red wine, leather

Riesling, floral

Cabernet, green pepper,

currant sometimes asparagus

Chardonnay (young), apple

Chablis, wet stones

Piedmont reds, Molasses

Shiraz, chocolate

Pinot Noir (young), raspberry

Let the rain kiss you.
Let the rain beat upon
your head with silver
liquid drops. Let the
rain sing you a lullaby.
— Langston Hughes



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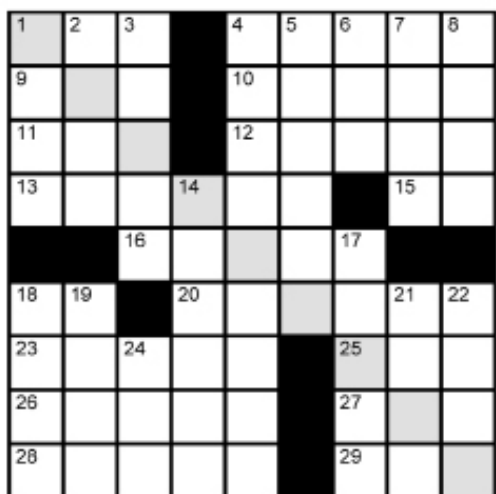
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Stadium stands

- Across**
1. ___-relief
 4. Dismay
 9. Mont Blanc, e.g.
 10. Bold
 11. Ed.'s request
 12. About to explode
 13. Cofer's job
 15. Exists
 16. Colorful parrot
 18. "___ on the rooftop..."
 20. Come together
 23. Scarf
 25. Corn serving
 26. Basket material
 27. Ace
 28. Quaint contraction
 29. "I agree"



- Down**
1. Corner of a diamond
 2. Apple spray
 3. Kind of whale
 4. Where Henry V triumphed
 5. Seclusion of Muslim women

6. "Harper Valley ___"
7. ___ Spumante
8. Strong cleaners
14. German cathedral city
17. Tearful
18. Roswell sightings
19. "Baloney!"
21. Pink, as a steak
22. Cupid, to the Greeks
24. Cloak-and-dagger org.



The title is a clue to the word in the shaded diagonal.

Pushing 50 or more? Guard your muscles!

Sometime in your 30s, your muscle mass reached its peak. After that, unless you do things to preserve it, each subsequent decade shows a decrease of muscle fibers. By age 80, 30 percent of muscle bulk may be lost.

Exercise and a high-protein diet can change that prognosis.

People over age 50 should pay attention to getting adequate protein from healthy sources, not just a dinner but throughout the day. Researchers at Tufts University find that a steady intake of protein, combined with aerobic activity and weight training exercises, helps to counter the loss of muscle mass.

"It's estimated that 20 percent of people between ages 51 and 70 have inadequate protein intake," says Paul Jacques, DSc, director

of Tufts' HNRCA Nutritional Epidemiology Program.

Their four-year study, published in the British Journal of Nutrition, looked at the combination of protein intake and physical activity in people over age 50. They found that people who did muscle strengthening exercises, without protein intake of at least 70 grams daily, did not improve their muscle mass.

One study by the National Institutes of Health compared protein intake with lean muscle mass in men and women ages 70 to 79. Over three years, those consuming the highest amount of protein (an average of 91 grams a day) lost 40 percent less lean muscle mass than those in the bottom fifth of intake (an average of 57 grams a day).



"I don't believe in reincarnation, but I did in a previous life."

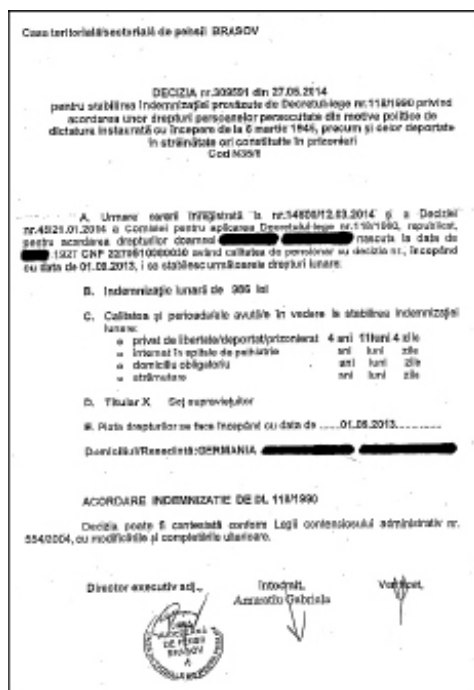
Entschädigungsrenten weitgehend erfolgreich umgesetzt

Deutsche aus Rumänien, die politische Opfer der Zwangsdeportationen in die Sowjetunion und der Zwangsumsiedlungen (Bărăgan, Szeklerland etc.) sind, werden durch das Dekret 118/1990 und durch das auf Initiative des Verbandes der Siebenbürger Sachsen in Deutschland durchgesetzte Gesetz 211/2013 (vgl. SBZ Online vom 25. Februar 2014) entschädigt. Die Zahlung der Entschädigungsrenten wird zwischenzeitlich weitgehend erfolgreich umgesetzt, stellt Dr. Bernd Fabritius im folgenden Artikel fest.

Wie die Nationale Agentur für Soziale Leistungen (ANPS) mitteilt, haben bis Juni dieses Jahres 2 604 in Deutschland lebende Betroffene Anträge bei den örtlichen Ämtern für Soziale Leistungen (Agenția Județeană de Prestații Sociale – AJPS) ihres letzten Wohnorts in Rumänien eingereicht. Davon wurden 2 110 Fälle genehmigt. Nach Verhandlungen der Verbandsführung mit der rumänischen Regierung ist es gelungen, einige Hemmnisse in den behördlichen Verfahren zu beseitigen. So wurden Verfahrenshürden wie die zuerst geforderte persönliche Vorsprache der Betroffenen in Rumänien oder die Vorlage der Nachweise über die rumänische Staatsangehörigkeit beseitigt.

Genauere Nachweise führen zur vereinfachten Bearbeitung

Bei den noch offenen Verfahren kam es zu Verzögerungen, weil zum einen Betroffene keine ausreichenden Nachweise mehr vorlegen konnten. So beanstandeten die rumänischen Behörden schlecht lesbare oder fehlende Urkunden, fehlende Belege für das Entlassungsdatum, unterschiedliche Schreibweisen bei der Namensführung im Laufe der Zeit oder ähnliche Ungeheimheiten in der Aktenführung in Rumänien. Zum anderen weigern sich noch einige Dienststellen die in Rumänien übliche Nachweisführung durch das rumänische Arbeitsbuch anzuerkennen (so z.B. AJPIS Arad) oder fordern Erklärungen und Unterlagen, die laut Gesetz nicht erforderlich sind (so z.B. in Temesvar) und nur mit unnötigem Aufwand beibringbar sind. Das zuständige Ministerium für Arbeit in Bukarest hat nach mehreren Beschwerden nun zugesagt, auch diese Behörden durch eine aufsichtliche Prüfung zu einer zügigen Erledigung der restlichen Verfahren anzuhalten.



Kronstädter Behörde bewilligt Entschädigungsrente für Russlanddeportierte (Namen von der Redaktion geschwärzt).

Bearbeitung bei den Behörden laut Gesetz kostenfrei

Auch Beschwerden, wonach einige Dienststellen in Rumänien Gebühren zur Bearbeitung erhoben hätten, wird derzeit nachgegangen. Laut Gesetz dürfen die Behörden in Rumänien für die Bearbeitung dieser Verfahren keine Gebühren annehmen. Trotzdem berichteten vermehrt Betroffene, dass das in einigen Orten geschehen sei. Da es im Sinne einer geordneten Verfahrensführung wichtig ist, einheitliche Verfahrenswege für alle Antragsteller durchzusetzen, bittet der Verband jene Betroffenen, die Zahlungen bei den örtlichen Behörden erbracht haben, um entsprechende Hinweise zu Höhe und Modalität der entrichteten Gebühren. Wurden diese Zahlungen unmittelbar bei der Behörde geleistet, können die Beträge dort unter Hinweis auf die Kostenfreiheit zurückgefordert werden. Wenn keine Belege über Zahlungen vorhanden sind, reicht die Nennung des Betrages und an wen dieser bei der Behörde entrichtet worden ist.

Anträge können jederzeit schriftlich aus Deutschland gestellt werden

Das geltende Entschädigungsrecht kennt keine Antragsfristen. Die Leistungsberechtigung wird auf schriftlichen Antrag jederzeit festgestellt, wobei der Anspruch auf Zahlung der monatlichen Entschädigungsrente im Monat nach der Antragstellung beginnt. Bei längerer Verfahrensdauer muss die Behörde die Berechtigung rückwirkend feststellen. Wichtig ist: Die Auszahlung der Entschädigungsrente erfolgt nach Feststellung der Entschädigungsberechtigung nicht automatisch. Sobald die Sozialbehörde AJPIS die Anspruchsberechtigung festgestellt hat, kann und muss mit der schriftlichen Entscheidung (Decizie) die Auszahlung der monatlichen Entschädigungsrente bei der zuständigen Rentenzahlstelle (Casa Județeană de Pensii) beantragt werden. Die Entschädigung wird dann ab dem in der Feststellungsentscheidung genannten Datum ausgezahlt.

Sollte sich die erste Auszahlung monatelang verzögern, wird den Betroffenen empfohlen, die Rentenzahlstelle schriftlich an den eigenen Fall zu erinnern und um Erledigung zu bitten.

Betroffenen, die noch gar nicht aktiv geworden sind, wird geraten, noch nicht gestellte Anträge schriftlich einzureichen. Die erforderlichen Vordrucke sind im Internet unter <http://www.siebenbuerger.de/verband/informationen/#Entschadigungsrente> zu finden, wobei auch die Bundesgeschäftsstelle des Verbandes in München gerne behilflich ist. Beizufügen sind Belege über die Verschleppung und Personenstandsunterlagen, wobei die Übermittlung von beglaubigten Kopien der rumänischen Dokumente ausreicht. Die Entschädigung für das erlittene Unrecht ist ein gutes Recht, welches auch geltend gemacht werden sollte.

Dr. Bernd Fabritius, Rechtsanwalt, München
SBZ Online 5. August 2014



2014 Saxon Summer Camp



Another wonderful group of young members who attend this year's Summer Camp. The camp director is always happy to have our group because they are well behaved, cooperative and eager to meet new people. This year we had a Discoverers Camp for ages 8—11 and the Journeymen Camp for ages 12—15. We thank the parents and grandparents who sent these campers to this year's camp: Grace, Jake and Zach Botsch, Cleveland; Kori Hall, Salem; Stacy and Nadia Kauntz, Cleveland; Adia Muntean, Youngstown; Andrew and Victoria Rozenshtraukh, Cleveland; Andrea, Megan and Kathleen Schuster, Cleveland; Paige Thellman, Cleveland; Grace Zgola, Lorain.

We thank Geoff Wittine and Monica Gilles from the Cleveland Saxon Dance Group for going to camp to teach the group several Saxon folk dances.

ATS Family Day at Waldameer Park



ATS Treasurer, Denise Crawford, was surprised when her Mom presented her with birthday cake for her "special day."



Winners of the Family Day Drawing for various gift cards.

Front Row: Lexi Seiler, Kaleb Caldwell, Emma Ulrich
Back row: Amanda Seiler-Botsch, Zach Botsch, George Cornell, Jodi Jorgensen, Brandi Jorgensen.



Kids taking a break at the pavilion.



Amanda Seiler-Botsch and Grace Botsch taking a spin on the Scrambler.



Stephanie and Katie Hanek enjoying a ride on the Train.

We had nice weather and enjoyed meeting up with our Saxon members from Cleveland, Salem, Youngstown, Erie and New Castle.