

ATS Founded in 1902

January 3, 2025



New Membership Roll Call

The Alliance of Transylvanian Saxons welcomes the following new members who joined the ATS during the year 2024. We hope they enjoy being a member of our Fraternal Benefit Society as much as we enjoy having them!

Branch 25 -

Branch 1 -Cleveland Lawton Huber John S. Murray Branch 4 -Cleveland Delilah Ely Janet Kloos Branch 5 -Lorain Xavier Jones Branch 9 -Chicago Zoey Volk Branch 10 -Columbus Heinz Birtler Marthalta Birtler Branch 14 -Canton Michael Bruckner Branch 18 -Salem **Peyton Hughes** Vivian Phillis Branch 19 -Salem Jackson Donavan

New Castle Declan Baker Kellen Baker Milo Branca Timothy Holt **Glenn Karsnak** Henry Sanchez Branch 26 -Merrillville Mark York Branch 27 – New Castle Gianna Branca Robbie Clifford Emillia Sanchez Branch 30 – Youngstown **Michele Childers** David Dehn Ryder Gal Haley Hess Jordan Hess Sharon Lallo Landon Lovd Madelyn Loyd Liam Myers Judith Rice Aria Umbenhauer **Oley Walter** Bruce Zinz

Branch 33 -Cleveland Malachi Harbaugh Wade Harbaugh Sally Kraus Adelaide Moffitt Kellen Poolos **Rosalina Riley** Dylan Siffin Connor Tully Taylor Tully Thomas Tully Weston Wyatt **Home Branch** Ardon Crandall Martin Gierscher **Michael Pinter** Eric J. Woods



January 26, 2025 11 a.m. **Rebman Recreation 5300 Oberlin Ave** Lorain, OH 44053

Please call Monica at 440-309-7894 for meal cancelations

or additions by Tuesday, January 21. PRESIDENT'S MESSAGE

By Denise Aeling Crawford **ATS Nat'l President**



Happy New Year! I hope everyone had a wonderful Christmas and that Santa Claus was good to you and yours. We need to remember that family and friends are the best gifts to have during the holidays. I hope the upcoming New Year is a great one for you, as well.

This is a time for reflecting on the old and having optimism for the new. Do you make resolutions? How about a resolution to purchase a life insurance policy for those family members who do not have an ATS policy yet? The ATS is more than just a membership organization. We really do have your financial interest at heart. Have enough life insurance? Then, how about planning for your retirement? It's never too early to start setting money aside for your future or your child's or grandchild's future. Contact your local Sales Deputy or the ATS Home Office for information.

All Branches should have received three different forms that need to be returned to the ATS Home Office. One is the Branch Roster, showing all your Branch Officers. The Home Office uses this information for different mailings throughout the year, as well as for the Branch Directory that appears in the Volksblatt. The other two forms show your Branch Fraternal and Charitable spending. One is what the Branch used their Branch Sharing funds on, while the other shows hours, as well as dollars, for Fraternal and community activities. All three of these forms need to be returned to the Home Office timely.

Did you know the earliest New Year's resolutions were made over 4,000 years ago? The ancient Babylonians, according to History.com, were the first. They were also the first to have celebrations in honor of the new year. Around 2000 B.C. they celebrated the New Year during a 12-day festival called Akitu, which started with the vernal equinox. This was the start of the farming season to plant crops, crown their king, and make promises to return borrowed farm equipment and pay their debts. The Babylonian New Year was adopted by the ancient Romans, as

Issue 1

MAILED TUESDAY, DECEMBER 31, 2024 TIMELY - DO NOT DELAY

Attention Postmaster: Send all Changes of Address to: The Alliance of Transylvanian Saxons 5323 Pearl Road Cleveland OH 44129-1503

Scholarships **SEE PAGE 3 FOR** 2025 ATS SAXON SCHOLARSHIP INFORMATION AND

APPLICATIONS

Continued on Page 4



Schloss Horneck needs OUR help!



Schloss Horneck located in Gundelsheim, Germany is the international location for our Siebenbürger Sachsen to house Sachsen artifacts, books and other historical documents and records. It is important to our worldwide Sachsen community to help in the maintenance expenses of this historical facility that will preserve our Sachsen culture and heritage.

The Federation of Transylvanian Saxons requests donations to help in the funding of the facility. If you are interested in giving a donation, please complete the form below and send to the ATS Home Office, 5323 Pearl Road, Cleveland, OH 44129.

Please make your check payable to the ATS.

DONATION FOR SCHLOSS HORNECK

Name	
Address	
City	_State
Zipcode	-
Amount Donated \$	

Please indicate if donation is in memory

or honor of someone

ATS SAXON RELIEF FUND



We petition our Saxon fraternal community members, branches, affiliate organizations, and friends to continue to support our Saxon Relief Program.

The need is still great and we ask our members and friends to continue to support our Saxon Relief Fund program with generous contributions.

BRANCH 5, LORAIN By Michael Johnson

Just a quick correction on the date of our next meeting for Branch 5, Lorain. Monday January 20th, 2025 at 7:00 PM is the CORRECT date and time, NOT the date and time in the last issue of your Volksblatt.



Charitable donations (and deductions)

If you itemize deductions for tax year 2024, you can deduct qualified donations for charitable, religious, scientific, educations purposes, or to prevent cruelty to animals or children.

The key is that these donations are deductible only if you itemize all your deductions on Schedule A of the form 1040.

Most taxpayers take the standard deduction, which is generous. The standard deduction has increased from tax year 2023. For example, married couples filing jointly are able to deduct \$29,200 as the standard deduction. Single taxpayers can deduct \$14,600 for 2024 taxes.

If you do itemize, charitable deductions are limited to up to 60 percent of the taxpayer's adjusted gross income.

The recipient of the donation must be a qualified organization that qualifies for tax-exempt status under federal tax law.

Alliance of Transylvanian Saxons Home Office: 5323 Pearl Rd., Cleveland, Ohio 44129 Telephone: (440) 842-8442 FAX: 440-842-5442 E-mail: office@atsaxons.com Website: www.atsaxons.com

National Board of Directors President -Denise Aeling Crawford Br. 8 (330) 257-0267 9415 Elsmere Dr, Parma OH 44130 **Honorary Past Presidents-**Thomas J. Manning Br. 2 (814) 864-6072 3909 Schaper Ave Apt 203, Erie PA 16508 Joan Miller-Malue Br. 4 (216) 233-8631 17105 Hilliard Rd, Lakewood OH 44107 First Vice President -Monica M. Weber Br. 4 (440) 356-5936 Second Vice President -Randall Floyd Br. 26 (219) 798-6908 1806 E 73rd Ave, Merrillville IN 46410 Third Vice President -Michael Bachinger, Br. 30 (330) 540-5168 3134 Neosho Rd, Youngstown OH 44511 Secretary-Christine Oehlman Br. 10 (614) 419-7485 8333 Shade Maple Dr, Canal Winchester OH 43110 **Treasurer-**Michael Teutsch, Jr. Br. 30 (330) 509-9670 140 Neff Ct, Canfield OH 44406 Trustees -Jacob F. Spor Br. 25 (724) 657-3773 2940 Plank Rd, New Castle PA 16105 Barbara Spack Br 18 (330) 501-1491 1389 Brookview Dr, Salem OH 44460 Ingrid Weihs-Ferguson Br. 37 (586) 264-6136 11711 Lancer Dr, Sterling Hts MI 48313 Margarete Ziegler, Br. 33 (440) 488-6421 38047 Parkway Blvd, Willoughby OH 44094 Debbie K. Ferguson Br. 37 (586) 431-1956

Chief Medical Examiner-

Dr. Andreas W. Schuster, Br. 1 Cleveland

4975 Surrey Dr, Sterling Heights MI 48310

The Saxon News Volksblatt (ISSN 0894-1165), the official publication of the Alliance of Transylvanian Saxons, 5323 Pearl Road, Cleveland, Ohio 44129-1503, is published Bi-weekly.

Annual Subscription rate for non-ATS members USA - \$15; Canada and Europe - \$50

Managing Editors HB Laser Communications, 29076 Fall River Dr, Westlake, Ohio 44145. "Periodicals Postage Paid" at Cleveland, Ohio. Postmaster: Send address changes to the Saxon News Volksblatt, 5323 Pearl Road, Cleveland, Ohio 44129-1503

SECRETARIES TAKE NOTICE:

THE DEADLINE DATE FOR ARTICLES IS WEDNESDAY - 12 NOON. You may either

E-MAIL: saxonvolksblatt@aol.com **POSTAL MAIL:**

Please send your contributions to our ATS office, 5323 Pearl Road, Cleveland, Ohio 44129. Write checks payable to the "ATS SAXON RELIEF FUND". Thank you for your help!

> \therefore \therefore

NOTE: Gift packages can be ordered for delivery to a specific relative or friend in Transylvania for a minimal cost of \$50.00. Send your check payable to the "ATS Saxon Relief Fund" and the exact name and address of the recipient to our ATS Office. Please print or type for clarity. The package contents include non-perishable items such as: Coffee, Milk, Cocoa, Sugar, Rice, Flour, Margarine, Soup, Chocolate, Cheese, Sausage, Yeast, etc.

Contributions are only considered charitable if the donor receives nothing of value in return for the gift.



Saxon News Volksblatt 29076 Fall River Dr Westlake, OH 44145

Articles e-mailed will receive an e-mailed confirmation by Noon Thursday. If you did not receive a confirmation, please give us a call.

DEADLINE DATES FOR ARTICLES:

DEADLINE	ISSUE
WEDNESDAY, JANUARY 8, 2025	FRIDAY, JANUARY 17, 2025
WEDNESDAY, JANUARY 22, 2025	FRIDAY, JANUARY 31, 2025
WEDNESDAY, FEBRUARY 5, 2025	FRIDAY, FEBRUARY 14, 2025

Please have your articles in by 12 Noon.

Did you miss the deadline?

Have you emailed your article past 12 Noon? Please call Hanz Hermann at (440) 525-0020

FRESHMAN ACADEMIC SCHOLARSHIP GRANTS

To be eligible for a Freshman Academic Scholarship Grant you must be a high school senior with an accumulated grade point average in high school of 2.8, or better.

TWENTY-FOUR Scholarships will be awarded to new freshmen in undergraduate study at an accredited college or university in the United States.

\$1,000	Four Year Renewable Grant from the
	Victor Deptner Memorial Scholarship
\$1,000	Four-Year Renewable Rev. & Mrs. John
	Foisel Memorial Scholarship
\$3,000	Rev. & Mrs. John Foisel Memorial Scholarship
\$2,000	New Castle Branch 27 Scholarship
\$1,000	Past ATS Officers' Memorial Scholarship
\$1,000	Henry Schindler Scholarship
\$1,000	Michael W. Schassburger Memorial
	Scholarship
\$1,000	Jon Weber Memorial Scholarship
\$1,000	ATS Branch 33 National Scholarship
	Endowment Award
\$1,000	Julia & Martin Konnerth Memorial
	Scholarship
\$1,000	Julia & Martin Konnerth Memorial
	Scholarship
\$1,000	Branch 10 – Columbus Scholarship
\$1,000	Branch 14 – Canton Scholarship
\$1,000	Davidson-Schuller Appreciation
	Scholarship Award in honor of ATS
	and Branches 33 & 34
\$1,000	John F. Spack Memorial Scholarship
\$1,000	John and Mary Guip Memorial
	Scholarship
\$1,000	Branch 5 – Lorain Scholarship
\$1,000	Dale & Rose Segedi-Kaufman
	Memorial Scholarship
\$1,000	Dale & Rose Segedi-Kaufman
	Memorial Scholarship
\$1,000	Dr. David E. Schuller Appreciation
	Scholarship in honor of his parents
	Elsie and Daniel S. Schuller
\$1,000	New Castle Branch 27 Scholarship
\$1,000	Donzella Herman Scholarship
\$1,000	George R. Spack Sr. Appreciation
	Scholarship
A 750	Niles Dusingly 00 Neticus at Oak standbird

\$ 750 Niles-Branch 20 National Scholarship

Applicants for the Scholarships listed must be ATS Members in good standing with a minimum of two years' continuous membership prior to the scholarship application deadline of April 15. High School Seniors must have maintained a 2.8, or better, grade point average in high school.

Complete the Request Form below to receive your Application. Please note: upon our receipt of the Request Form, an <u>official</u> ATS Scholarship Application Form will be mailed to you. The <u>completed official</u> ATS Scholarship Application Forms from the applicant and school must be received at the ATS Home Office before April 15, 2025.

REQUEST FOR ATS HIGH SCHOOL

UNDERGRADUATE CONTINUING ACADEMIC SCHOLARSHIP GRANTS

The ATS is offering TWENTY Academic Undergraduate Continuing Education Scholarship Grants to our members who are not current year high school graduates and are not entering college in their freshman year of study but are in an **undergraduate program.**

<u>undergraduate program.</u>				
5	\$2,000	Branch 18 - Salem, OH Scholarship		
\$2,000		Branch 37 - Detroit, MI Scholarship		
\$1,000		Award in memory of Marie Stirner		
5	\$1,000	Award in memory of Marie Stirner		
5	\$1,000	Award in memory of Marie Stirner		
5	\$1,000	Award in memory of Marie Stirner		
\$1,000		Award in memory of Gertie & Ernie		
		Gottschling		
\$1,000		Lorain Saxon Ladies Branch 11		
		Scholarship		
5	\$1,000	Joan Miller-Malue Scholarship		
9	\$1,000	Award in memory of Donald G. Miller		
9	\$ 750	Erie Branch 2 Scholarship		
5	\$ 750	Erie Branch 2 Scholarship		
5	\$ 750	Award in memory of George H. Schneider		
9	\$ 500	ATS Branch 34 Cleveland East		
		Scholarship		
5	\$ 500	Award in memory of Karl & Charlotte		
		Klamer		
5	\$ 500	Farrell - Branch 7 Scholarship		
5	\$ 500	ATS Scholarship Award		
5	\$ 500	ATS Scholarship Award		
9	\$ 500	ATS Scholarship Award		
5	\$ 500	Award in memory of Gerard Slusny		

Applicants must be ATS members in good standing, with continuous membership for a minimum period of two (2) years. They must have a grade point average of at least 2.8. They may be any age; however, they cannot be a current year high school graduate or entering their freshman year of college.

Applicants must be enrolled in an **undergraduate program** as a **full-time student** at an accredited college or university in the United States.

Requests for *official* ATS Undergraduate Continuing Academic Scholarship Applications may be made by calling the ATS Home Office (440) 842-8442, or by completing the Form printed below by March 15, 2025.

Completed <u>official</u> ATS Applications for scholarship grants must be received at the ATS Home Office before April 15, 2025 Undergraduate Continuing Academic Scholarship winners will be chosen in a random drawing conducted by the ATS Scholarship Committee

	EST FOR ATS UNDERGRADUATE
	Name
	Address
Tele:	City, State, Zip Code
E-Mail:	
	Cert. No est must be received by March 14

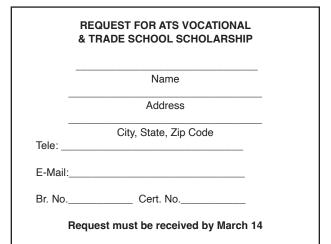
VOCATIONAL & TRADE SCHOOL SCHOLARSHIP

The ATS is offering scholarships for eligible Vocational & Trade School education programs. Applicants may attend a vocational school, trade school, technical school, certification training program, or credential program. Eligible fields of study include, but are not limited to, advanced manufacturing, automotive technology, computer technology, construction, cosmetology, culinary arts, electrical, HVAC, health care, industrial maintenance, machining, plumbing, or welding.

Applicants for this scholarship must be an ATS member in good standing, with a minimum of two (2) years' continuous membership prior to the scholarship application deadline of April 15. Applicants can be a high school senior or any adult.

Requests for official ATS Vocational & Trade School Scholarship applications may be made by calling the ATS Home Office (440) 842-8442, or by completing the Form printed below by March 14, 2025

Completed official ATS Applications for scholarship grants must be received at the ATS Home Office before April 15, 2025.



MAIL SCHOLARSHIP REQUEST FORM TO: ATS Home Office 5323 Pearl Road Cleveland, Ohio 44129-1503

Request Forms must be received by March 15, 2025 Please Note: Only official ATS Scholarship Application Forms will be accepted for consideration

·· Scholarship winners will be notified by mail. ··

Lunchables languish on store shelves

Once the undisputed king of the kids' lunch box, sales of Lunchables -- a meat, cheese, and cracker combo in a disposable plastic container -- tumbled during the third quarter of 2024. Parent company Kraft Heinz saw a 2.2 percent drop in sales across the board, nearly half of which was driven by Lunchables, which decreased its sales by 12 percent.

According to CNN Business, Kraft Heinz is scrambling to prop up the ailing \$2 billion brand, and the headwinds are fierce -- parents are increasingly concerned that the prepackaged meals aren't healthy options, and the brand's attempt to get on school lunch menus turned into a public relations debacle. New competitors like Lunchly are entering the market as well, with backing from YouTube megastars Logan Paul and MrBeast. Lunchables may be stale these days, but the brand, launched in the late 1980s as a way for Oscar Mayer to repurpose excess bologna, was an early leader in ready-to-eat packaged foods. In recent years, however, the brand has come under heavy criticism for its high levels of sodium and saturated fat, and in 2024, Consumer Reports found that the products also contained lead and cadmium. Kraft Heinz disagrees with the findings, but Lunchables still took a major hit from the negative publicity. The company hopes to rebuild the brand with a revamped marketing campaign and new flavors.

Request must be received by March 14		

MAIL SCHOLARSHIP REQUEST FORM TO: ATS Home Office 5323 Pearl Road Cleveland, Ohio 44129-1503

Request Forms must be received by March 14, 2025 Please Note: Only official ATS Scholarship Application Forms will be accepted for consideration

·· Scholarship winners will be notified by mail. ··

It matters not where you were born,

or where you live, but what's in your HEART. Be Proud to be Transylvanian Saxon!

FRATERNAL CALENDAR

NATIONAL EVENTS

January 26, 2025 **TSBA Bowling Session Host: Lorain** February 16, 2025 **TSBA Bowling Session Host: New Castle** March 2, 2025 **TSBA Bowling Session Host: Youngstown** April 5 & 6, 2025 **TSBA Season-end Tournament Host: Lorain** May 17, 2025 **Branch Presidents Meeting** Host: Columbus Saxons, Br. 10 July 11 - 13, 2025 North American Saxon Heimattag Host: Youngstown Saxon Club October 18 - 19, 2025 **ATS Open Bowling Tournament** Host: Merrillville, IN **LOCAL EVENTS** January 19, 2025

Youngstown Saxon Club Pork and Kraut Dinner February 16, 2025 Youngstown Saxon Club Pork and Kraut Dinner February 22. 2025

Youngstown Br. 30 Family Bowling March 16, 2025

Youngstown Saxon Club Pork and Kraut Dinner March 29, 2025

Youngstown Br. 30 Goulash Dinner

FOLLOW US ON facebook



Alliance of **Transylvanian Saxons**

BRANCH 27, NEW CASTLE By Dolores Both

December 8, 2024 2:00 p.m. Hunters Woods Club House

Fortunately it was a clear, sunny day for our Christmas Party on December 8th at 2:00 p.m. We had a very nice turnout to enjoy a delicious meal catered by Jeremy from the Hill House Restaurant. Judy Both announced the happy tidings that all the officers agreed to keep their positions for 2025. Instead of exchanging gifts, members donated toward the ATS Saxon Relief Fund. The donations were matched by our treasury. Several beautiful centerpieces were donated by members to decorate our tables creating a festive atmosphere. Sherri Fenski donated a beautiful centerpiece that was created by her neighbor who is known for her artful creations. Sherri's mother, Linda Stoops, won this centerpiece. Rosemarie Montini also donated a lovely

Christmas centerpiece that was won by Doris Shenker.

A little bit of a German legacy for you. If you find a bird's nest in your Christmas tree, you will have good luck. We didn't cut down a tree to decorate or look for a nest, but found a bird's nest filled with Hershey Kisses to use as a door prize. And guess what! It was me! The nest is happy in my Christmas tree surrounded by ornaments and many colored lights. Judy had a fun Christmas carol game testing our memory and singing ability. We had to pick an ornament from the Christmas tree Judy created and sing the second line of the song listed on the ornament. With the help of everyone singing along, all the contestants were winners and received a very nice prize. Winners were: Sally Means, Jane Fishovitz, Linda Stoops, Rosemarie Montini, Debbie Hermann, Doris Shenker, Ken Harris, Susan Shenker, Doreen

PRESIDENT'S MESSAGE Cont'd from Page 1

was the tradition of resolutions. However, the timing was different, as the calendar was eventually shifted to the Julian calendar in 46 B.C. which declared January 1 as the start of the new year and began each year by making promises to the god Janus.

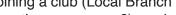
In the medieval era, knights took a vow at the end of the Christmas season each year to re-affirm their commitment to chivalry (their moral code of conduct involving warrior ethos, knightly piety, and courtly manners, all combining to establish a notion of honor and nobility), according to Wikipedia. For early Christians, the first day of the new year became the traditional occasion for thinking about one's past mistakes and resolving to do better in the future. In 1740, English clergyman John Wesley, who founded the Methodist religion, created the Covenant Renewal Service. This service was held either on New Year's Eve or New Year's Day and is also known as watch night services. They included readings from the Scriptures and the singing of hymns and provided a spiritual alternative to the raucous celebrations normally held



to celebrate the coming of the new year. Now popular within evangelical Protestant churches, these watch night services held on New Year's Eve are often spent praying and making resolutions for the coming year.

Despite the tradition's early religious roots, New Year's resolutions today are a more secular practice. History.com states that instead of making promises to gods, most people make resolutions only to themselves and focus purely on self-improvement. This may explain why such resolutions seem so hard to follow through on. At the end of the Great Depression, about a quarter of American adults formed New Year's resolutions. At the start of the 21st century, this increased to about forty percent. A study found that 46% of participants who made common New Year's resolutions were like to succeed, over ten times as among those who decided to make life changes at other times of the year.

What are the most common New Year's resolutions? Improving physical fitness, losing weight, saving money, pursuing career ambitions, spending time with family, taking up a new hobby, quitting smoking, home improvement projects, cutting down on alcohol, and improving mental health are the top ten. Other unique ideas include starting a gratitude journal (recognizing things in your life that you can be grateful for), cooking new foods (the Saxon Cookbook can help here!), read more books (the ATS has some to help you out here, as well), prioritizing sleep which can have many health benefits, joining a club (Local Branch meetings, anyone?) volunteering, drinking more water, open a retirement account or increase your contributions to your existing one (again, the ATS can help here!), scheduling monthly check-ins with family and friends who you've drifted away from, and telling people you love them more often. Pick just one or two and try to stick with them until they become a habit! Happy New Year, evervone!

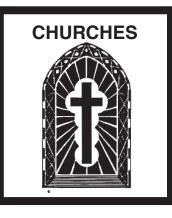




We remember our Sisters and Brothers who have departed this life in recent days. Our sincere sympathy is extended to the members of the bereaved families.

Thomas Zakel Age 85 Died: December 2, 2024 Branch 1, Cleveland West

David Floyd Age 73 Died: December 10, 2024 Branch 26, Merrillville, IN



St. Peter's German and Saxon Lutheran Church 11423 Chicago Rd. Warren, Michigan 48093 (586) 979-3850 stpeters _church@sbcglobal.net www.stpeterswarren.org

10:00 Service Nursery Coffee following service **Senior Circle**

The object of a New Year is not that we should have a new year. It is that we should have a new soul.

G. K. Chesterton

Cheers to a New Year and another chance for us to get it right.

Oprah Winfrey

You are never too old to re-

Heitsch, Dolores Both, John Fishovitz, Nancy Harris, and Brett McCune. Candy dishes filled with yummy chocolates were won by: Debbie Hermann, Susan Shenker, Jane Fishovitz, Pat Both, and Rosemarie Montini. Our party ended with Judy

reading her Christmas poem entitled, "Everyday Should Be Like Christmas".

Thank you to Judy Both for a good and busy year that we enjoyed and to all the members for their support and volunteering their time and help. Wishes for the blessings of Christmas to all.

Until next time...

invent yourself.

Steve Harvey

Many times we underestimate or do not realize what we can do. We put self-imposed limits on ourselves and fail to venture to the unknown, or do not dare to do the impossible.

> Tim Burmingham in My Daily Insights

There's no one way to dance. That's kind of my philosophy about everything. Ellen DeGeneres, *television personality*

DETROIT BRANCH 37 HOLIDAY PARTY







BRANCH 37, DETROIT By Trudy Kalvin

There was a drizzly rain in the air on Sunday, December 15th at Branch 37 in Detroit, as people gathered inside St. Peter's Church where the holiday party was about to begin.

President Sue Fleischer welcomed all and started the event, as she usually does, with a prayer.

"Dear Lord, in this holy season when we are given so much, do not let us forget the many gifts and blessings you bring into our lives. Help us to remember that Christmas is a Celebration of the Birth of your Son, Jesus Christ.

Remind us to be grateful for our friends and families, whom we so often take for granted. We thank you for the beauty and peace of this Holiday.

Bless this food that we are about to enjoy on this special occasion. AMEN."

The food was catered so that our members could enjoy and relax. Wonderful homemade desserts were brought in by all members.

Festive red poinsettias were on each table, and the



hall was fully decorated with colorful lights.

As we joined in to sing holiday songs, Mike Rehner kept the beat with his Saxon embellished drum.

There were gifts for all. Long-time members, Katie Fedototszkin, John Fleischer, Karin Weihs, and Susanna Krautner, along with Pastor Gerry, were honored with a special floral gift. Also recognized were December birthdays: Debbie Ferguson, Rosie Kuhlman, Liana Egger, Robert Schneider, and Kaetchen Breckner.

Eva Fleischer, granddaughter of John and Maryann Fleischer, was our youngest guest.

Heartfelt blessings abound to the Breckner family for the loss of our brother George Breckner.

Special thanks to Debbie Ferguson and her family for all their help coordinating this gathering.

We at Branch 37 wish all a happy, peaceful Holiday Season, and look forward to our fellowship in the coming year.









The good news

A husband came home from work and was greeted







by his newlywed wife. She said, "I have great news for you. Pretty soon we've going to be three in this house instead of just two."

Her husband ran to her with a smile on his face and delight in his eyes. He was glowing with happiness and kissed his wife.

She was happy and smiling too when she said, "I'm so glad you feel this way. My mother moves in with us tomorrow!"









CLEVELAND EAST BRANCH 33 CHRISTMAS PARTY



















CLEVELAND EAST CHRISTMAS PARTY











BRANCH 33, CLEVELAND EAST By Arline Krestel-Suts

I start this article by thanking everyone who participated in making our Saxon sausage sale a success. Thank you to all the members who worked making sausage, selling sausage, and for those who bought sausage. Proceeds were over \$800; we will donate to a local food bank and add to Branch 33's Scholarship Fund. Messiah Lutheran Church has been so kind to let us use their facility for the sausage making. Hope everyone enjoys the fruits of our labor!

On December 15, Branch 33 members and friends gathered together for a Christmas party at Pine Ridge Country Club. Santa Claus was able to attend and brought early Christmas presents. Thank you to Donna and John Foisel, and Holly Prankas for assisting Santa as Elves.

Food was delicious, the hall was festive, and everyone had a great time together.

Our next meeting will be Wednesday, January 8, at 7 p.m. at Messiah Lutheran Church. First meeting of the new year and we will start with our Saxon Sausage and Sauerkraut Supper. 2025 Branch officers will be sworn in during the meeting. Cindy Schneider has put together a 2025 calendar of Branch and ATS events and if you did not get one at the banquet, come to the meeting to pick one up. Of course, Branch articles and the Volkblatt also lists all of the events.

Wishing you a Merry Christmas full of love, laughter... and minimal family drama. Here's to another year of Gemütlichkeit!!

Weight loss drugs

Baumstriezel

Many Saxons know about Baumstriezel, which has spread to other regions of Europe. Here is a photo from the Christmas Market in Sankt Wendel, Saarland, with a kiosk of the "chimney cakes."

Rick Kunz, Poulsbo, WA





The rollers are ready to bake in the "Ofen."



Happy New Year (whenever it might be)

The new year begins on January 1 -- or does it?

Let's back up to early spring in 1750, when winter frost and ice were giving way to new growth and longer days across England, Ireland, and the thirteen colonies across the ocean. The King's loyal (and occasionally disloyal) subjects said farewell to the old year on March 24, as they had for many centuries, and greeted the year 1751 at midnight on March 25.

Another year proceeded as normal until early September, when warm days were just starting to give way to cooler evenings. People across the Empire

tember 14, as decreed by the Calendar (New Style) Act, passed in Parliament the year before to align England and her territories with the Gregorian calendar.

The Act also decreed that the new year would begin on January 1 -- supposedly chosen because January got its name from Janus, the Roman god of transitions and beginnings. British subjects barely had time to shake off the hangover of losing 11 days in September before the year 1751 ended, just nine months after it began.

So if you felt like your 2024 passed way too quickly, remind yourself that at least you get a full 12



may help lower cancer risk

Drugs in the GLP-1 agonist class such as Ozempic and Wegovy have already transformed diabetes and obesity treatment, and now researchers say that they may also help prevent certain types of cancer. According to National Public Radio, early studies have already shown the drug's promise against several common cancers, including those linked with excess weight and obesity (such as breast, colon, and liver).

retired to bed on September at least you got a full 12 2 ... and woke up on Sep- months..



BRANCH 10, COLUMBUS By Donald Blum

MONTHLY MEETING HICKORY HOUSE 550 Officenter Place Gahanna, Ohio 43230

January 20, 2025 Time 12:00 Noon Our meetings are the Third (3rd) Monday of the month.

Remember to bring a canned good item, household product or other food item.

"The generous will themselves be blessed, for they share their food with the poor."

CELEBRATION

Please me in celebrating birthdays for Hedy Fleischer (January 1), Olga Hesch (January 12) and John Gellner (January 23). Alles Gute zum Geburtstag!

CHRISTMAS PARTY

We had a wonderful Christmas Party Celebration with our Saxon family on December 8, 2024 at the Berwick Party House. Everyone did an excellent job in making this another fun and successful celebration for the 90+ attendees. We want to thank all the attendees for making this a fun day. Olga Hesch started off the dinner with information on the agenda and the various activities planned for 2025. Mike Roth opened the dinner with prayer and information on the meaning on becoming an ATS member and a

member of the Columbus Saxon Club.

During the festivities there was continuous slides of the Transylvania Trip in July-August. People had an opportunity to see what many of us had the joy of experiencing on our trip.

The dinner was wonderful and then everyone joined in singing some English and German songs.

As expected, St. Nikolaus made an appearance, taking pictures with families and especially the Saxon children attending. The children received a Christmas stocking with goodies from Santa including a \$2.00 bill and a Million Dollar (\$1,000,000) Santa Buck. We had a drawing for prizes that included bier stein and mugs, scented candles, special VLAD the Impaler bier, and unfortunately, a few people got a lump of coal. Santa encouraged them to change their ways before Christmas arrives.

We enjoyed the camaraderie of this wonderful group of Saxons being able to come together in joy and celebration.

We are looking forward to many more years of celebrations like this.

FROHE WEIHNACHTEN UND EIN GUTES NEUES JAHR!!!!!!!













It's the All-American food Cook your hamburger thoroughly

As you slide the spatula under that hamburger, you might be thinking about that great sandwich. You might be more concerned about something else: E. coli bacteria.

Unless you are certain that it's cooked thoroughly, cook it longer. There's no way to know whether the meat contains the bacteria. You can't tell by the aroma or the taste.

It's hard to say how many Americans fall ill every year from E. coli infection, the largest source of which is contaminated ground beef. The best guess is that more than 70,000 people get sick. About 2,000 get sick enough to be hospitalized and some 60 people in the United States will die of it.

An industry-wide survey by the Centers for Disease Control and Prevention last year found that one of every 200 samples of ground beef was contaminated with E. coli bacteria.

It would be impossible to test every package of hamburger, and it takes just a small amount of E. coli to make someone seriously ill. Irradiation has been approved for use by the U.S. Department of Agriculture. It treats meat with a low dose of radiation that can kill virtually all bacteria. Public suspicion, however, has prevented its use. Producers and the USDA can't guarantee germ-free meat. All consumers can do is to handle it carefully and cook it to 160 degrees, which kills E. coli.



The trouble
to be the troubleThe trouble
to be the trouble
to be

The Kitchen Tour - A Tasty Return to the Homeland

Turning What You Love into What You Do *By Patrick J. O'Connor*

This segment of "Turning What You Love into What You Do" chronicles the "trip of a lifetime" for two retirees. Part One explains the plans for a trip affectionately called The Kitchen Tour. Part Two shares the travelers' memories from the experience. The trip celebrates the importance of ancestry to the Boomer generation.

This originally appeared on northeastohioboomer.comandisreprinted with permission.

Part I – Planning the Trip

Maria Phillips is a vibrant retiree that I profiled in June 2023 as an inspiring example to follow (See northeastohioboomer.com/blogs/how-tomaintain-the-encore-retirement-lifestyle-erl/). She has traveled extensively for many years, especially since retirement. She loves traveling for the social value as well as the learning experiences.

She and her cousin Heidi have traveled together on many trips, including one to Vöcklamarkt, Austria to visit their birthplace. They want to enjoy traveling as much as possible while young and mobile enough to do it. Maria's mother and Heidi's father were siblings.

Maria shares her love of traveling with others as she coordinates the travel programs for the Institute for Learning in Retirement at Baldwin-Wallace University (ilrbw.org).

Maria and Heidi discussed taking a trip to Austria and Germany to visit all their remaining relatives. They were both a bit weary of the "castles and churches" tours they had done many times before. They thought this trip would be special and focus on time with family.

As they pondered a different kind of trip, they thought of the good times people have that center around food. Food and dining have always had a special way of bringing people together. So, the idea of spending time with family and good food was born. And, the best place to do that... the kitchen. A trip that would be spent mainly in the kitchens of family members' homes became the **Kitchen Tour.**

Why the Kitchen?

The kitchen seems like the room, even to this day, where people gather most. Some people even refer to it as the "engine room" of the home. It is a place that reflects family and culture. Perhaps it's because of the collective lure of food that brings people together. And the kitchen is where those wonderful aromas of special foods originate. Throughout our got too close to their hives. She also had to cross a bridge to visit her grandfather. The bridge had no railings, and she was scared because it moved when she walked on it. She's always had a fear of bridges as a result. When she returned to the farm in 1999, it was a cement culvert over a creek. All those years of fear for nothing!

Maria and Heidi's stories are like millions of immigrants who have come to the United States. In the early 1950s, Europe was still struggling economically and socially in the aftermath of WWII. Their parents wanted to make a better life for their children, so they left Austria while many other family members remained or emigrated to Germany. The remaining family members are the folks they wanted to see on the kitchen tour.

When they came to the U.S. in the '50s, their church, relatives and friends were instrumental in assisting the new arrivals to get settled. In fact, Maria's great-uncle Reverend John Foisel and his Lutheran church (St. John's) sponsored both families to immigrate. They welcomed the housing and job assistance provided for them. Their fathers both worked at the same factory immediately upon arrival to Cleveland. Most of the people in the church were also immigrants from Germany, Austria and Romania. Maria, Heidi and their parents were involved in the church their entire lives.

Their Plans

Heidi and Maria were both excited as they thought about all the places, people and events that were to come. Maria was especially excited about spending time with her uncle Georg (her father's brother), who is the last member of her dad's family. He would be 90 in May, and she was eager to celebrate his birthday in Stuttgart, Germany. They also wanted to visit their Aunt Rosina, their parents' sister, in Siegan, Germany.

They set up plans to visit, courtesy of cousin Georg, who agreed to drive them from town to town and kitchen to kitchen. The time frame between towns would be from 30 minutes to eight hours, so there would be time for lots of conversation while enjoying the beautiful countryside. The biggest challenge was organizing the tour, as families needed to be home for visits and they would be traveling through two countries. They wanted to travel without backtracking, so scheduling took some time and effort.

The 14-day journey to visit six cities in two countries, the trip of a lifetime, began May 23, 2023.

Maria and Heidi's Kitchen Tour began under the direction of driver and cousin Georg Foisel a mountaintop restaurant/hotel with a beautiful panoramic view of Austria.

Cousin Georg then escorted them to Vöcklamarkt, Austria, to visit the churches where Maria's and Heidi's parents were married. They even visited the jewelry store where their parents shopped for their wedding rings! Maria is included in the 1954 wedding photos of Heidi's parents, Michael and Elisabeth Adam. They also went to Heidi's grandmother Paulina's home in Redl-Zipf. Even though Heidi visited her only once, she and her brother John have very fond memories of her. They also met Heidi's Aunt Anni, her cousin Iris and her daughter Katarina for lunch at Zipfer Brewery, where Heidi's dad worked as a young man.

The traveling trio next left for Salzburg, Austria to enjoy breakfast at an elegant outdoor café overlooking the Salzburg Love Lock Bridge with a view of Salzburg Castle on the Hill. They then returned to Siegen, Germany to visit their Aunt Rosina, Uncle Walter and cousins Christine and Uwe. They enjoyed many delicious meals in their garden.

Heidi is fluent in German and was able to converse with older relatives who spoke no English. Cousin Maximillan taught Maria and Heidi to use Google Translate so they could communicate with the older relatives. Technology and traveling (aka "holiday" in Europe) were popular topics of conversation.

Favorite Memories

The Kitchen Tour generated many wonderful memories with a few highlighted in the following three areas...

Family

Heidi and Maria were blessed to stay with family who treated them as if they had never been apart. They were able to connect with their families, as everyone they met was related to one or both of them. It was also the first time they met many of their cousins and their children. It was an experience they will always cherish because they spent so much time together.

Maria and Heidi could have done this trip individually, but it was better together. They were surprised to learn how similar their lives are with their relatives even though they are an ocean apart. They were also pleasantly surprised to enjoy the slower, relaxing European lifestyle. Of course, visiting all their cousins and families was the icing on the torte!

Food

They enjoyed many memorable meals on the Tour, and it was wonderful being together in

lives, we recall the smell of food being prepared in the kitchen, especially around holidays. This makes sense since, of the five senses, the sense of smell has the closest relationship to memory.

Return to the Homeland

Maria and Heidi's journey to America began in 1955. Maria was 4 years old when she came over and Heidi was 3 months old when she arrived in 1956. Maria visited Austria in 1999 with her father to see the house where she was born. The house had been converted to a barn with 80 cows. She and her dad had a good laugh that she was born in a manger and went from "stable to professor." Heidi and her family returned to visit her grandmother Paulina in 1966.

Maria grew up on a farm near her grandfather and recalls being stung by honeybees when she

Jr. Their first stop was Munich, Germany, visiting Heidi's cousin Helga, her husband Georg, their children, and grandchildren, dining at the famous Hofbrau Haus.

They then traveled to Kirchheim Unter Tech, near Stuttgart, Germany, located near the foothills of a castle (*tech* is *castle* in German). This is the hometown of Maria's Uncle Georg Foisel and Aunt Rosina. Many family members celebrated Uncle Georg's 90th birthday party in May 2023. Everyone was thrilled to be together and welcome relatives from America to celebrate this special occasion.

The next stop was Attersee, Austria, to spend time with Heidi's cousin Helmut and Hanni, who own a bed-and-breakfast overlooking the lakes and mountains. They dined at Druckerhof, the kitchen. Breakfasts in Germany and Austria began with fresh rolls from the bakery served with meats, cheeses, soft-boiled eggs, fruit, homemade jellies and pastries. They had many wonderful soups, including Gooseberry Soup with berries from Uncle Georg's garden.

Schnitzel was popular at almost every restaurant along with Weiss Wurst (white sausage) and potato dumplings. Favorite desserts were Strudel, Cremeschnitten (Napoleons) and Palatschniken (crepes). And there was always homemade wine from Uncle Georg's grapes, beer and delicious cappuccinos!

Great food and conversation were abundant everywhere. Everyone wanted to cook for them,

Continued on Page 11

ATS BRANCH DIRECTORY

Cleveland, OH Br. 1 Mtg. 3rd Mon. 7:00 p.m. Sachsenheim 7001 Denison Ave Cleveland OH 44102 (216) 651-0888 PRES: Robert M. Hanek 22677Peachtree Ln Rocky River OH 44116 (216) 385-9932 rhanek8@yahoo.com SEC'Y. Same as President ATS SEC'Y. Same as President LOCAL DUES to August Botsch 12606 Arliss Dr Lakewood OH 44107

Alliance, OH Br. 3 Mtg. 3rd. Wed.- 6:30 p.m. American Legion Post 166 141 W Main St Alliance OH PRESIDENT John H. Aeling 15590 Georgetown St. NE Minerva, 44657 (330) 862-3706 JDAll852@yahoo.com SEC'Y. John Esterly 2940 Cedarwood Dr Alliance Oh 44601 (330) 821-8766 ATS SEC'Y. Helen Aeling 15354 Georgetown St. NE Minerva OH 44657 (330) 862-2563 SICK NOTICES & LOCAL DUES to John Aelina Address shown as President

Cleveland, OH Br. 4 Mtg. 3rd. Mon. 7:00 p.m. Sachsenheim 7001 Denison Ave. (216) 651-0888 PRES. Monica M. Weber (440) 356-5936 SEC'Y. Joan A. Miller-Malue 17105 Hilliard Bd Lakewood OH 44107 (216) 233-8631 miller-malue@cox.net ATS SEC'Y Donna Jankow 7663 Ragall Pkwy Middleburg Hts OH 44130 (440) 826-0773 SICK NOTICES to Joan A. Miller-Malue Address as above LOCAL DUES to Donna Jankow Address as above

Lorain, OH Br. 5 Mtg. 3rd Monday of month 7:00 p.m. American Slovak Club 2915 Broadway, Lorain PRES. Monica Gilles 3520 Beavercrest Dr. #107 Lorain OH 44053 (440) 309-7894 gillemo76@hotmail.com SEC'Y. Brian Gilles 244 Ashwood Dr. Avon Lake OH 44012 (440) 315-5214 bgilles74@yahoo.com ATS SEC'Y. Ginger Romes 1507 West 39th St Lorain OH 44053 (440) 989-8424 dgromes@roadrunner.com SICK NOTICES to Jane Mowery 3600 Jaeger Dr Unit 3101 Lorain OH 44053 (440) 246-3004 janie.e.mowery@gmail.com LOCAL DUES to Michael W. Johnson 2151 Lakeland Ave Lakewood OH 44107 (440) 225-8441 mikjo79@gmail.com

Alliance, OH Br. 8 Mgt. 3rd Wed. 6:30 p.m. American Legion Post 166 141 W Main St Alliance OH PRES. Denise Crawford 9415 Elsmere Dr Parma OH 44130 (330) 257-0267 dcrawfordcpa@outlook.com SEC'Y. Lesley Reed 611 N. Market St Minerva OH 44657 (330) 868-3816 ATS SEC'Y. Helen E. Aeling 15354 Georgetown St. NE Minerva OH 44657 (330) 862-2563 HHA658@aol.com LOCAL DUES to: Lesley Reed Same address as above SICK NOTICES to: Barb Esterly 2940 Cedarwood Dr Alliance 44601 (330) 821-8766 jackprint@sbcglobal.net

Chicago, IL Br. 9 Mtg. 1st Mon. 7:00 p.m. Donauschwaben Club 625 E Seegers Rd, Des Plaines IL PRES. Diethild Thut 923 E Slayton Dr Palatine IL 60074 (847) 414-2660 dedethut11@yahoo.com SEC'Y. Elfi Sanderson 1425 London Lane Glenview IL 60025 (847) 998-0939 elfisanderson@gmail.com ATS SEC'Y: Claudia Schmidt 8550 Niles Center Rd Skokie IL 60077 (847) 899-8663 Schmidtc274@gmail.com LOCAL DUES AND SICK NOTICES TO: Claudia Schmidt Address as shown above

Columbus, OH Br. 10 Mtg. 3rd Monday at Noon Hickory House, 550 Officecenter Place Gahanna OH PRES.Olga Hesch 7260 Refugee Rd Pickerington OH 43147 H (614) 837-4038 C (614) 432-3666 Olga.hesch@gmail.com SEC'Y. Elizabeth Lassel 300 Glade Run Rd West Jefferson OH 43162 H (740) 845-0564 C (614) 769-3986 ATS SEC'Y. P. Michael Roth 8063 Ivory Gull Cir Pickerington OH 43147 (614) 216-0008 LOCAL DUES and SICK NOTICES to Donald Blum 6436 Lakeview Cir Canal Winchester OH 43110 H (614) 837-1915 C (614) 580-8616 donaldcblum@prodigy.net

Canton, OH Br. 14 Mtg. 2nd Sunday Location varies PRES. Thomas J. Rowinsky 1656 Dunkeith Dr NW, Canton, 44708 (330) 478-9333 ATS SECRETARY: Helen Aeling 15354 Georgetown St NE Minerva OH 44657 (330) 862-2563 HHA658@aol.com SICK NOTICES to Thomas Rowinsky Address as shown above

USE ONLY THIS FORM FOR CHANGE OF **ADDRESS AND** CA

CANCELLATIONS	SS#	Date of Birth		
All information in the form to the right and below must be correctly typed, or legibly written.	Name	Dute of Ditm		
	Old Street Address was			
CHANGE CANCELLATION NEW to receive paper	City/State/Zip			
	New Street			
	City/State/Zip			
	THIS CHANGE IS FOR:			
HOME OFFICE RECORDS & VOLKSBLATT				
Date:Signature of Person Making Change				

Branch No.

CHANGE OF ADDRESS FORM

Certificate No.

Mail to: Alliance of Transylvanian Saxons, 5323 Pearl Road, Cleveland, Ohio 44129-1503

Salem, OH Br. 18 Mtg. 2nd Mon. 7:00 p.m. Saxon Club 1980 St. Rt. 9 Salem, 44460 (330) 222-1770 PRES. Marilyn McNutt 1721 State Route 9 Salem 44460 (330) 337-8940 Cell (216) 410-7291 SEC'Y. / ATS SECRETARY Barbara Spack 1389 Brookview Dr Salem, 44460 (330) 501-1491 babrayn@sbcglobal.net SICK NOTICES to Theresa Spack 384 W Pershing Salem OH 44460 (330) 831-4119 LOCAL DUES TO: Helen Aeling 15354 Georgetown St. NE Minerva 44657 (330) 862-2563 HHA658@aol.com

Salem, OH Br. 19 Mtg. 1st Mon. 7:30 p.m. Saxon Club 1980 Newgarden Rd Salem OH 44460 (330) 222-1770 PRES. Glenn Spack 943 Stewart Rd Salem OH 44460 (330) 332-8174 SEC'Y. Robert P. Vogt, Sr. 973 Sunset Blvd. Salem, 44460 (330) 881-3346 mvcobra27@gmail.com ATS SEC'Y Glenn Spack Address and phone as above SICK NOTICES to Glenn T. Spack address above LOCAL DUES to Richard Vogt, Sr. c/o Salem Saxon Club 1980 Newgarden Rd, Salem, 44460 (330) 222-1770

New Castle, PA Br. 25 Mtg. 2nd Thursday 8:00 p.m. Eintracht Hall 108 Taylor St., New Castle PA 16101 (724) 652-7221 PRES. Karl E. Hermann 1650 Union Valley Rd Wampum PA 16157 (724) 732-3426 karlhermann@comcast.net SEC'Y. Jacob Holzhauser 764 Rose Point Rd New Castle 16101 (724) 971-1260 newcastleeintracht@gmail.com ATS SEC'Y: Danual Forsberg 385 Trihaven Ln New Wilmington, PA 16142 (724) 971-3448 danualforsberg@gmail.com Local Dues: Joshua Stelle 10 Ludwig Rd New Castle, PA 16105 (724) 699-3039 Stellejw1@comcast.net New Castle, PA Br. 27 Mtg. 1st Thurs. 6:00 p.m. Soni's Restaurant 3209 Wilmington Rd, New Castle PRES. Judith Both 1512 Drespling Ln New Castle PA 16101 (724) 654-0573 jboth1512@comcast.net SEC'Y. Dolores Both 3512 Hunters Woods Blvd #1 New Castle PA 16105 (724) 658-7407 doloresboth@verizon.net ATS SEC'Y. Judy Both 1512 Drespling Ln New Castle 16101 (724) 654-0573 LOCAL DUES to Katy Hudak 4097 County Line Rd New Castle PA 16101 (724) 924-9286 katyb26@hotmail.com SICK NOTICES to Judith Both

Monaca / Rochester PA Br. 29 Mtg. 2nd Monday 7 p.m. Saxon Club 112 Simes Ave Rochester, PA 15074 PRES. Cristy Roberts (724) 601-2047 SEC'Y Tiffiane Smilek (724) 709-1891 ATS SEC'Y Donald Ash (724) 777-9059 All correspondences should be mailed to Saxon Club - address above

Youngstown, OH Br. 30 Mtg. 2nd. Sun. 2:00 p.m. Saxon Club 710 S. Meridian Youngstown OH 44509 (330) 792-7973 PRES. Ernie Roth Sr. 6280 Morningside Rd Hubbard OH 44425 (330) 501-1110 djera@netzero.net SEC'Y Fran Hinerman 4535 Mellinger Rd Canfield OH 44406 (330) 507-1340 ATS SEC'Y Julaine Gilmartin 4173 Timberland Trail Canfield, OH 44406 (330) 799-5171 LOCAL DUES Val Thomas 5947 Tippecanoe Rd Canfield OH 44406 (234) 201-3993 SICK NOTICES to **Rosemary Zamary** 3202 Starwick Ct Canfield OH 44406 (330) 792-0388 rzamary@yahoo.com

Cleveland, OH Br. 33 Mtg. 2nd. Weds. 7:00 p.m. Messiah Lutheran Church 5200 Mayfield Rd, Lyndhurst OH 44124 PRES. Margarete Ziegler 38047 Parkway Blvd. Willouahby OH 44094 (440) 488-6421 margarez@aol.com SEC'Y. Arline Suts 413 Downing Dr Chardon OH 44024 (440) 867-6103 asuts@windstream.net ATS SEC'Y. Karyn Schmidt 4979 Anderson Rd Lyndhurst OH 44124 (216) 382-7397 SICK NOTICES to Arline Suts Address and phone as above LOCAL DUES to Michael Bretz 388 East 317th St. Willowick OH 44095 (216) 392-6241 meb3172@att.net

Detroit. MI Br. 37 Mtg. 1st. Sun. 12:00 p.m. St. Peters Lutheran Church 11423 Chicago Rd. Warren, MI (586) 978-3850 PRES. Susanna Fleischer 11060 Furbush Rd. Holly MI 48442 (810) 694-1860 beetlebugsue7@peoplepc.com SEC'Y. Trudy Kalvin 2448 Orpington Troy MI 48083 (248) 925-9995 ACTING ATS SEC'Y. Susanna Fleischer Address as above LOCAL DUES to Inarid Weihs-Ferguson 11711 Lancer Dr Sterling Hts MI 48313 iwferguson@aol.com

Ellwood City, PA Br. 45 Mtg. 3rd Tuesday 7:30 p.m. Saxon Club 901 Millview St. (724) 758-3268 PRES. John Dengel 305 Stamm Hollow Rd.

Farrell, PA Br. 7 Mtg. 3rd Tuesday 5:30 p.m. Farrell Lions Den 810 Lions Club Lane Farrell PA (724) 981-7130 PRES. Karen Zaborowski 1715 Shady Dr Farrell PA 16121 (724) 346-0373 SEC'Y.Same as President ATS SEC'Y. Bonnie Gregorich 55 Oak Tree Ct West Middlesex PA 16159 (724) 528-0309 SICK NOTICES to Karen Zaborowski LOCAL DUES to Kathy Schuller PO Box 834 Andover OH 44003 (440) 293-6973

Saxon News VOLKSBLATT January 3, 2025 - 10

Canton, OH Br. 17 Mtg. 2nd Sunday Location varies PRES. Mary Rowinsky 1656 Dunkeith Dr NW Canton OH 44708 (330) 478-9333 mkrowinsky@neo.rr.com SEC'Y. Mary Rowinsky 1656 Dunkeith Dr NW Canton OH 44708 (330) 478-9333 ATS SECRETARY: Helen Aeling 15354 Georgetown St NE Minerva OH 44657 (330) 862-2563 HHA658@aol.com SICK NOTICES to Mary Rowinsky NO LOCAL DUES

Merrillville, IN Br. 26

Meeting first Sunday at 2 p.m. Slovak Club - 6920 Broadway (219) 756-5101 PRES. Randall Floyd 1806 E 73rd Ave, Merrillville IN 46410 (219) 798-6908 Rfloyd1066@msn.com SEC'Y.Brigitte Floyd 1806 E 73rd Ave, Merrillville IN 46410 (219) 688-6561 gittyfloyd@gmail.com ATS SEC'Y. Jeff Szostek 625 Lake Shore Dr Hobart IN 46342-5017 (219) 313-7854 219szos@gmail.com LOCAL DUES to Zita Palyok 724 E. 25th Pl, Lake Station IN 46405 (219) 962-7345 randz724@comcast.net Sick Notices to Brigitte Floyd Listed above

Ellwood City, PA Br. 32 Mtg. 2nd. Wed. 7:30 p.m. Saxon Club 901 Millview St. (724) 758-3268 PRES. Laura Goehring 113 Mahony Ave Ellwood City PA 16117 (724) 971-2040 SEC'Y Johanna Jenkins 909 Old Zelienople Rd. Ellwood City PA 16117 ATS SEC'Y Lori Berendt 2260 Cherry Hill Rd Ellwood City 16117(724) 714-1217 SICK NOTICES to: Joan Evans 197 Portersville Rd Apt 3 Ellwood City PA 16117 (724) 752-1109

Ellwood City, PA 16117 (724) 622-1593 SEC'Y Dawn Dengel Same as President (724) 622-0152 ATS SEC'Y Cathie Bender 801 Park Ave. Ellwood City, PA 16117 (724) 544-7232 LOCAL DUES to Kathy Carsele 318 Golf Ave. Ellwood City, PA 16117 (724) 758-3002 Sick Notices to Cathie Bender Same as ATS Secretary

Kitchen Tour Cont'd from Page 9



Cousins Heidi and Maria embark on their geneological Kitchen Tour.



Maria and Heidi enjoying their Kitchen Tour with relatives in Austria.

and preparation was almost as important as dining. Watching and listening to relatives describe what and how they were preparing delicious meals was a flavorful education. And the aromas will remain in their memories for life.

Fluttery

The Fluttery Feeling is when everything goes exactly as it should. Time seems to stand still and there are no worries or concerns about anything. Maria and Heidi report the entire experience gave them the Fluttery Feeling ity. Everyone has lifetime memories to keep them close together forever. Maria and Heidi now have a deeper and more loving respect for their relatives and ancestry. Goodbyes can be difficult but when Maria said goodbye to her Uncle Georg, his last words to her were, "The next time we meet it will be in heaven." See you then, Uncle Georg.

Author's Note

Maria and Heidi contributed much of the content and photos for this segment. My



January is National Glaucoma Awareness Month

You may have heard glaucoma called "the sneak thief of sight." That's because it has no symptoms until it has progressed beyond the point where it can be successfully treated. It is the second leading cause of preventable blindness in the world.

More than 4 million Americans have glaucoma and 120,000 are already blind because of it. Worldwide, nearly 80 million people have the condition. The best way to protect yourself is to have an eye examination. Today, most optometrists test for it. If they find any indication, you should see an ophthalmologist immediately. Treatment can be effective in the early stages.

Though the most common forms affect middle-aged and older people, glaucoma can affect all age groups. Insist that your children be tested when they are being fitted for eyeglasses.

Those at higher risk include people over 60, people of African, Asian and Hispanic descent, and those who have family members who have glaucoma. Also at higher risk are diabetics and people who are severely nearsighted.

In the most common form of glaucoma, vision loss begins with peripheral or side vision. Be on the lookout for that first noticeable symptom and get treatment immediately.



January is National Blood Donor Month Blood banks begin search for donors

For children, January is a month for sledding and building snowmen. For blood banks it is a time of searching.

With snowstorms, holidays, increased illness and winter vacations, donations to the blood banks come up short every year.

It's one of the reasons that January has been designated National Blood Donor Month. With blood being required by a patient every two seconds and only about 3 percent of the population donating blood, the plea goes out for eligible donors to donate as often as possible.

A single donation of blood can save three lives.

Blood banks want prospective donors to know that donating is a very safe procedure. All materials in-



lunch. Avoid fatty foods and eat iron-rich foods. Drink extra fluids to replace the fluid you will donate but avoid caffeine.

Be sure to wear clothes with sleeves that can be raised above the elbow.

Afterwards, eat the snack and drink provided.

Over the next 24-48 hours,

with the following highlights:

• meal preparation and dining on home-cooked food from kitchen to kitchen

• traveling through the beautiful countryside

• laughter and conversation with relatives they met for the first time

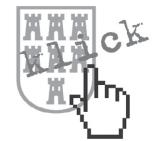
Für immer schließen – Close Forever

The idea of being in the kitchen turned out to be better than expected, as spending time together was the prior-

special thanks to them for their part and for honoring me to chronicle their **Kitchen Tour.** I've enjoyed the Fluttery Feeling the entire time. Thanks, ladies.

P.S. Heidi is fluent in German so she will be translating this blog piece into German to share with relatives in Austria and Germany. Nice to have an international audience!

Editor's Note; *Maria and Heidi are both members of Cleveland East Branch 33.*



Ich bin ein SiebenbuergeR.de volved are used only once be sure to drink plenty of and then discarded. fluids.

The process starts with registration, a health history is taken and a mini-physical is given. The actual donation takes about 10 minutes and equals approximately one pint of blood. Your body will normally replace the lost fluid within 24 hours.

The American Red Cross offers some tips to make donating a good experience.

Before going to donate, eat a good breakfast or a

Even if you cannot donate blood due to health conditions or other reasons, you can still participate in Blood Donor Month. You can help organize a blood drive, or volunteer to help at mobile blood sites.

Check with your local blood drives to see if they need treats to give to donors after they give blood.

Monetary donations are always welcome.



The Year What can be said in New Year rhymes, That's not been said a thousand times? The new years come, the old years go, We know we dream, we dream we know. We rise up laughing with the light, We lie down weeping with the night. We hug the world until it stings, We curse it then and sigh for wings. We live, we love, we woo, we wed, We wreathe our brides, we sheet our dead. We laugh, we weep, we hope, we fear, And that's the burden of the year. Ella Wheeler Wilcox

Wishing all of you a happy, healthy, and prosperous New Year! The ATS Board of Directors:

Monica M. Weber Randall B. Floyd Michael Bachinger Michael Teutsch, Jr. Christine D. Oehlman Joan Miller-Malue Debbie K. Ferguson

Barbara A. Spack Jacob F. Spor Ingrid Weihs-Ferguson Margarete I. Ziegler Thomas J. Manning



Denise A. Crawford

Alliance of Transylvanian Saxons

www.ATSaxons.com (440) 842-8442 Office@ATSaxons.com

