

### BRANCH 30, YOUNGSTOWN

By Rosemarie Kascher

Upcoming events:

Wednesdays Dinner and Drawing

Thursdays Bar Bingo, Queen of Hearts

Fridays Fish Dinner, open to the public

Sundays Breakfast and 2 p.m. meetings

second Sundays

March 29 6 p.m. Goulash Dinner

Welcome to our new members, Misters Muntean and Koch.

Dues are \$40 for each man and woman member and honorary members are asked to help finances with only \$20 per person. Make your dues checks to: Youngstown Saxon Club c/o Val Thomas 5947 Tippecanoe Rd, Youngstown, OH 44406 or to the office.

Scholarships from Br. 30 to YSU are possible for men or women at any age, for full time enroll-

ment. You need to be a member for two years and have a 3.0 average. This is a wonderful opportunity to contact Julaine Gilmartin (330) 799-5171, 4173 Timberlane Trail, Canfield, OH.

Please keep yourself available on a Saturday morning to help with Spring Cleaning. Please plan to give us some of your time this spring. We are proud of our club, but it needs to be maintained. Many thanks!

Don't forget that the Saxon Club has a ballroom and recently renovated pavilion available to rent for your special life events. Any questions? Please contact our office (330) 792-7973.

Happy Springtime!

### BRANCH 25, NEW CASTLE

By Larry Hollerman

The Schnitzel dinner, orchestrated by Jonathan Baisch and held in January, was a huge success. There were well over 70 dinners sold and a good time was had by all. Then in February, a soup cookoff was held. Chefs from throughout the Branch brought in 13 time-tested recipes in crockpots hoping to garnish the honor of being the best. One desperate contender even brought in three of his not-so-famous soups, however, did not garner any of the top three honors.

March was not a time for madness, but a time for Texas Hold-Em. Over 30 individuals signed up for the tournament with hopes of winning the cash prize and the prestigious bragging rights.

Outdoorsmen are anxiously anticipating the opening day of trout season at the Branch's Grounds on April 5<sup>th</sup> where hundreds of trout will be stocked. There will be food and drink available for the fishermen and women. This is a beautiful setting on Neshannock Creek and we expect to have gorgeous weather. A Sauerbraten Dinner/ Concert and Beer Tasting events are currently scheduled for May.

### BRANCH 1, CLEVELAND

By Robert Hanek

As spring is soon here, we're planning our schedules and making commitments. Our Annual Spring Sausage Sale has been tentatively rescheduled for May 9<sup>th</sup> and 10<sup>th</sup>. If you can help with this event, please contact any Branch 1 member so we may plan accordingly.

The 250 Club banquet will be April 11<sup>th</sup> and has been mailed out. If you wish to join the 250 Club, please contact Robert Hanek or Stephanie Miller. You do not need to be an ATS or branch member to join.

The annual spring clean-up days at Sachsenheim will be on Thursday, April 24<sup>th</sup> and also on Saturday the 26<sup>th</sup>.

Our dance group will have its annual Trachtenball Saturday May 3<sup>rd</sup>. Show your support and plan to attend. The dance group will be travelling to Austria and Germany this summer and have been practicing very hard.

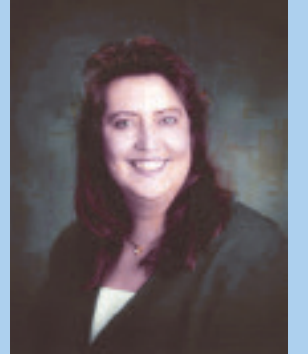
The Sachsenheim will also be having its Cinco de Mayo celebration May 5<sup>th</sup>.

As always, Branch 1 is always welcoming new members. If you are interested ask any branch member or our manager, Amy and we'll be glad to help.

## PRESIDENT'S MESSAGE

By Denise Aeling Crawford

ATS Nat'l President



For those ATS Members whose children and grandchildren are within our Saxon Summer Camp age brackets of 7 through 15, please see the ad in this issue for Camp Frederick. The Camp tells us that it's filling up fast, and we want as many of our members as possible to attend. Saxon Summer Camp will be held the week of June 15<sup>th</sup>.

It is almost the deadline for our College and Trade School bound members to complete their scholarship applications. The deadline to request an application has passed. Now they need to return all the required forms and information to the ATS Home Office before April 15<sup>th</sup> to be considered for a scholarship. The winners will be announced at the ATS Presidents Day meeting on May 17. Following that meeting, each applicant will be notified as to whether they were awarded a scholarship or not.

With the recent stock market swings, have you ever wondered how to keep your retirement nest-egg safe? What if there was a way to invest in a reliable, low-risk product that would provide stable, guaranteed returns while protecting your hard-earned money from market fluctuations? There is! It's called an ATS tax-deferred annuity! Whether you have already retired or are slowly adding to your retirement fund for the future, an ATS annuity is a great way to keep those funds financially secure, providing you with peace of mind for your retirement. Have questions? Feel free to call your local Sales Deputy or the ATS Home Office for answers.

The Home Office is very close to implementing new software for our life insurance and annuity plans. You will, over time, start to see new billing forms for life insurance premiums and dividend notices, as well as new reminder notices for annuity deposits. The conversion has been a slow process, but we are now in the home stretch. We will run dual systems for a while until we are satisfied that any bugs or inconsistencies are ironed out. I want to thank the Home Office Staff for all of their hard work in getting this new system up and running.

Did you know that Thomas Jefferson was first elected to the second Continental Congress on March 27, 1775? Jefferson, a delegate from Virginia, established himself in the Congress with the publication of his paper titled A Summary View of the Rights of British America. He published several more papers throughout the next year, according to History.com. In June 1776, Congress selected a committee to draft the Declaration of Independence. After much discussion, the committee selected Jefferson to compose this document. He completed the draft in only a few days. He was 33 years old at the time. The committee made a few minor changes in the draft, titled A Declaration by the Representatives in General Congress

Continued on Page 3

TIMELY - DO NOT DELAY  
MAILED TUESDAY, MARCH 25, 2025

Attention Postmaster: Send all Changes of Address to:  
The Alliance of Transylvanian Saxons  
5323 Pearl Road Cleveland OH 44129-1503

### HELP WANTED!



Attend the monthly meetings of your Branch. Help make your Branch a healthy Branch.



## Schloss Horneck needs OUR help!



Schloss Horneck located in Gundelsheim, Germany is the international location for our Siebenbürger Sachsen to house Sachsen artifacts, books and other historical documents and records. It is important to our worldwide Sachsen community to help in the maintenance expenses of this historical facility that will preserve our Sachsen culture and heritage.

The Federation of Transylvanian Saxons requests donations to help in the funding of the facility. If you are interested in giving a donation, please complete the form below and send to the ATS Home Office, 5323 Pearl Road, Cleveland, OH 44129.

Please make your check payable to the ATS.

### DONATION FOR SCHLOSS HORNECK

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_

Zipcode \_\_\_\_\_

Amount Donated \$ \_\_\_\_\_

Please indicate if donation is in memory  
or honor of someone

## ATS SAXON RELIEF FUND



We petition our Saxon fraternal community - members, branches, affiliate organizations, and friends to continue to support our Saxon Relief Program.

The need is still great and we ask our members and friends to continue to support our Saxon Relief Fund program with generous contributions.

Please send your contributions to our ATS office, 5323 Pearl Road, Cleveland, Ohio 44129. Write checks payable to the "ATS SAXON RELIEF FUND". Thank you for your help!

☆☆ ☆☆

**NOTE:** Gift packages can be ordered for delivery to a specific relative or friend in Transylvania for a minimal cost of \$50.00. Send your check payable to the "ATS Saxon Relief Fund" and the **exact name and address** of the recipient to our ATS Office. Please print or type for clarity. The package contents include non-perishable items such as: Coffee, Milk, Cocoa, Sugar, Rice, Flour, Margarine, Soup, Chocolate, Cheese, Sausage, Yeast, etc.



## Why do you get brain freeze?

Brain freeze, technically known as sphenopalatine ganglioneuralgia, happens when something cold hits the roof of your mouth fast—like chugging an icy drink or scarfing down ice cream.

The chill shocks the blood vessels in your palate, making them constrict quick, then dilate just as fast as your body tries to warm things back up. This rapid shift messes with nearby nerves, especially the trigeminal nerve, which handles face sensations. It freaks out and sends a pain signal to your brain, but since the nerve's wired to your forehead too, you feel it there—like a stab between the eyes.

Scientists think it's a left-over survival trick. Your brain might misread the sudden cold as a threat, like "whoa, something's freezing up here," even though it's just a Slurpee doing you dirty. The fix is simple: press your tongue to the roof of your mouth or sip something warm to calm the vessels down.

**People make rules for others and exceptions for themselves.**



**Alliance of Transylvanian Saxons**  
Home Office: 5323 Pearl Rd., Cleveland, Ohio 44129  
Telephone: (440) 842-8442 FAX: 440-842-5442  
E-mail: office@atsaxons.com Website: www.atsaxons.com

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## SECRETARIES TAKE NOTICE:

**THE DEADLINE DATE FOR ARTICLES IS WEDNESDAY - 12 NOON.**

You may either

**E-MAIL: saxonvolksblatt@aol.com**

**POSTAL MAIL:**

**Saxon News Volksblatt**  
29076 Fall River Dr  
Westlake, OH 44145

Articles e-mailed will receive an e-mailed confirmation by Noon Thursday. If you did not receive a confirmation, please give us a call.

### DEADLINE DATES FOR ARTICLES:

DEADLINE	ISSUE
WEDNESDAY, APRIL 2, 2025	FRIDAY, APRIL 11, 2025
WEDNESDAY, APRIL 16, 2025	FRIDAY, APRIL 25, 2025
WEDNESDAY, APRIL 30, 2025	FRIDAY, MAY 9, 2025

**Please have your articles in by 12 Noon.**

Did you miss the deadline?

Have you emailed your article past 12 Noon?

Please call Hanz Hermann at (440) 525-0020



**PRESIDENT'S MESSAGE**  
Cont'd from Page 1

Assembled, and submitted it to Congress on June 28, 1776. Congress formally adopted the document on July 4, 1776, under the new title The Declaration of Independence.

Thomas Jefferson went on to draft other historical documents, including, in 1777, a bill establishing religious freedom that was formally enacted by Congress in 1786. The Library of Congress has approximately 25,000 items that he wrote. He served as the governor of Virginia from 1779 to 1781, the minister to France from 1784 to 1789, and was the first U.S. Secretary of State under President George Washington, from 1790 to 1793. He served as vice president to President John Adams from 1797 to 1801 and then was elected as the third president of the United States. He served two terms, from 1801 to 1809. During those years, he doubled the nation's geographic size with the peaceful Louisiana Purchase acquisition, supported the Lewis and Clark Expedition, and implemented the Embargo Act to defend the nation's industries from British threats to US shipping, limiting foreign trade and stimulating the birth of the American manufacturing industry. Following his presidency, Jefferson retired to his home in Virginia, named Monticello, having served the public for 34 years.

He founded the University of Virginia in 1819, envisioning a university free of church influences where students could specialize in new areas not offered at other colleges. He believed that education engendered a stable society, which should provide publicly funded schools accessible based solely on ability, according to Wikipedia. Jefferson organized the state legislative campaign for its charter, purchased the location, was the principal designer of the buildings, planned the curriculum, and served as the first rector upon the school's opening in 1825. At the age of 83, he passed away. He wrote his own epitaph: Here was buried Thomas Jefferson, author of the Declaration of American Independence, of the Statute of Virginia for Religious Freedom, and Father of the University of Virginia. The date of his death was July 4, 1826. This was 50 years to the day after signing the Declaration of Independence.

Until next time...

**SAXON SUMMER CAMP**

Ages 7 - 15

June 15 -20, 2025

**CAMP FREDERICK**  
**ROGERS, OHIO**



Summer is rapidly approaching and the ATS Youth Activities Committee is once again sponsoring Saxon Summer Camp, for our Junior Members and friends, ages 7 - 15, the opportunity to spend a week together in fellowship. We are offering four camp programs for the different ages. The programs are designed to allow campers to continue to grow, every time they move to a new age group, the type and level of activities increase to meet the needs of that age group.

**New Adventurers – Completed K-2<sup>nd</sup> Grade** Songs, creek stomping, hiking, swimming, crafts, discovery time, camp fires and more.

Cost: ATS Junior Member \$150 and \$350 for non-member children

**Discoverers – Completed 3<sup>rd</sup>- 4<sup>th</sup> Grade** Traditional camp activities plus climbing tower and archery.

Cost: ATS Junior Member is \$170 and \$370 for non-member children

**Journeyers – Completed 5<sup>th</sup> – 6<sup>th</sup> Grade** Includes traditional camp activities plus canoeing, high rope courses and zip line.

Cost: ATS Junior Member is \$225 and \$425 for non-member children

**Ultimate Challenge – Completed 7<sup>th</sup> – 9<sup>th</sup> Grade** Includes camping out at Ohiopyle, PA, go whitewater rafting and caving at Laurel Caverns.

Cost: ATS Junior Member is \$295 and \$495 for non-member children

The one-week camp will be held at Camp Frederick, a beautiful camp located in Rogers, Ohio on 144 acres of forest, rambling streams, rolling hills, glacial rocks and meadows. Camp Frederick is an organized camp center located at the Ohio, Pennsylvania, and West Virginia borders. The camp is located 1 ½ miles east of Rogers, Ohio off SR 154. The address is 6996 Millrock Road. The camp is staffed with trained and experienced counselors.

At Camp Frederick, our campers will be housed in cabins which accommodate eight persons.

One evening will be devoted to Saxon activities.

We welcome our members to bring along one friend who is not a member. Also, ATS members may send their children or grandchildren (who are not yet ATS members) to the camp at the non-member cost. Each camper will receive a free Saxon Summer Camp T-shirt.

**If you wish to attend, please complete the Registration Form and send it along with a \$100.00 deposit for ATS Junior Members and \$150.00 for non-member children to the ATS Home Office by April 25, 2025. Upon receipt of your registration fee, we will send you a Camper's Health Examination Form and Personal Information Form that must be completed by you and returned to this Office by May 15, 2025, along with the balance of your camp fee. We will mail you a map and detailed information as to arrival and departure times, and what to bring along.**

**SAXON SUMMER CAMP REGISTRATION FORM**

Name \_\_\_\_\_ Sex \_\_\_\_\_  
 Age \_\_\_\_\_  
 Address \_\_\_\_\_  
 \_\_\_\_\_  
 City/State/Zip \_\_\_\_\_  
 \_\_\_\_\_  
 Tele. No. (    ) \_\_\_\_\_ Member Br. No. \_\_\_\_\_ ATS Cert. No. \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_ **New Adventurers** \_\_\_\_\_ **Discoverers** \_\_\_\_\_ **Journeyers** \_\_\_\_\_ **Ultimate Challenge**  
 **Enclosed is an ATS Registration Form & deposit of \$100.00 for myself**  
 **Enclosed is a Registration Form for my non-member friend and deposit of \$150.00**  
 Friend's Name \_\_\_\_\_ Age \_\_\_\_\_

**This Form and deposit must be received at the ATS Home Office by April 25, 2025.  
Balance will be due by May 15, 2025.**

**Make check payable to ATS (Alliance of Transylvanian Saxons)**

**Mail Check and Form to: ATS, 5323 Pearl Road, Cleveland, Ohio 44129-1503**

**It's a traffic fact: More pedestrians are being hit by cars**

- They are listening to music. Hearing is as important as seeing. Listening to music makes it impossible to hear an oncoming vehicle. Researchers at the University of Washington and Seattle Children's Hospital say music listeners crossed intersections faster than others with electronic devices, but they didn't watch for cars and couldn't hear them.
- They are texting. Walkers who are texting may be at most risk. This finding is in line with several studies. Texters also walked slower than everyone else, including those talking on cellphones. Texters were four times less likely to follow safety rules, including looking both ways, staying on the crosswalk, and obeying traffic signals.
- They are talking on the phone. Pedestrians who were talking on cellphones, browsing the Internet, or even talking to someone next to them all had an increased risk of injury. Most of the distracted walkers were adults, but it's important for parents to tell their children to put down their phones when walking.



# FRATERNAL CALENDAR

## NATIONAL EVENTS

April 5 & 6, 2025

TSBA Season-end Tournament Host: Lorain

May 17, 2025

Branch Presidents Meeting

Host: Columbus Saxons, Br. 10

June 14, 2025

TSBA Convention Host: New Castle

June 15 - 20, 2025

Saxon Summer Camp at Camp Frederick

June 21, 2025

ATS Annual Fishing Charter

Linda Mae Charter, Eastlake, OH

July 11 - 13, 2025

North American Saxon Heimattag

Host: Youngstown Saxon Club

July 26, 2025

ATS Family Day at Waldameer

October 18 - 19, 2025

ATS Open Bowling Tournament

Host: Merrillville, IN

## LOCAL EVENTS

March 29, 2025

Youngstown Br. 30 Goulash Dinner

April 11, 2025

Cleveland 250 Club Banquet

April 12, 2025

Cleveland Breakfast with the Easter Bunny

April 24, 2025

Cleveland Sachsenheim Clean Up Day

April 26, 2025

Cleveland Sachsenheim Clean Up Day

May 3, 2025

Cleveland Saxon Dance Group Trachtenball

May 5, 2025

Cleveland Sachsenheim Cinco de Mayo

May 9 - 10, 2025

Cleveland Sachsenheim Sausage Making / Sale

May 10, 2025

Cleveland East Br. 33 Krapfen Sale

May 11, 2025

Cleveland Sachsenheim Mothers' Day Brunch

May 18, 2025

Cleveland East Br. 33 Membership Banquet

Saint Noel's Party Center, Willoughby, OH

June 1, 2025

Cleveland Saxon Dance Group

European Tour Dance Program Performance

June 15, 2025

Cleveland Sachsenheim Fathers' Day Dinner

June 18, 2025

Cleveland Sachsenheim / Gemütlichkeit Musikanten

Pilsner Patio Party

June 29, 2025

Chicago Br. 9 Annual Summer Picnic

July 19, 2025

Cleveland Sachsenheim / Gemütlichkeit Musikanten

Krampus in July

August 16, 2025

Cleveland Sachsenheim Sommer Oktoberfest

August 17, 2025

Cleveland East Br. 33 Annual Picnic

Penitentiary Glen

Get ready to enjoy JAM!

## April is ... National Jazz Appreciation Month

Jazz it up in April to celebrate National Jazz Appreciation Month.

Jazz is an historical, cultural and living American treasure.

That's why the Smithsonian Institution launched National Jazz Appreciation Month in 2001 to pay tribute to jazz as a living art form. It has grown to include celebrations in all 50 states and in 40 countries.

The Smithsonian houses a huge jazz collection that includes Duke Ellington's unpublished music, Ella Fitzgerald's red dress, Dizzy Gillespie's angled trumpet, and Benny Goodman's clarinet.

Jazz comes in many forms: ragtime, bebop, the blues, soul, Dixieland, big-band, fusion, Latin, funk, and the list goes on. JAM, as the month-long tribute is called, encourages every musician, concert hall, school band and orchestra to offer special programs.

Louis Armstrong is considered the founding father of Jazz, and the most well known and loved ensembles include:

Best quintets: Miles Davis Quintet and Louis Armstrong's Hot Five.

Best sextets: Miles Davis Sextet and the Benny Goodman Sextet.

Best big bands: Benny Goodman, Count Basie, Dizzy Gillespie, Stan Kenton and Billy Eckstine

Duke Ellington is considered one of the most important big-band leaders and he became hugely popular. He was responsible for making jazz an art form similar to classical music. Ellington received 13 Grammy awards, a Pulitzer Prize, a Presidential Medal of Freedom, and Commemorative U.S. quarter.

This month, how about streaming all the old tunes by Frank Sinatra, Tony Bennett, Ella Fitzgerald, Lena Horne or Nancy Wilson.

Steep yourself in the swing rhythm, polyrhythm, improvisation and syncopation that represent the almost exclusive characteristics of jazz music.

ATTENTION:

## Members Cleveland East Branch 33 2025-2026 Application for Scholarship/Reimbursement College Expenses

Branch 33 members who are newly entering or continuing college (undergraduate studies only) are invited to apply for a Freshman (\$1,000) or Sophomore/Junior/Senior (\$500) scholarship for the 2025-2026 academic year. IT IS THE MEMBER'S RESPONSIBILITY to call or write to REQUEST an application.

**DEADLINE IS May 30, 2025**

Here are the eligibility requirements, i.e. the RULES.

1. At least one parent or guardian or grandparent of the applicant must be a member in good standing of ATS Branch 33 for the past two (2) years.
2. Scholarship applicants must be a member in good standing of ATS Branch 33 for the past two (2) years, having transferred from Junior/Juvenile status to Active/Adult i.e. local dues paying status.
3. Freshman: High School accumulative GPA minimum 2.0
4. Upperclassman: College accumulative GPA minimum 2.5

Branch 33 members attending college for undergraduate studies can request an application by mailing in the form below or via e-mail to Karyn Schmidt at mbks26@gmail.com.

Questions call Karyn at (216) 382-7397.

### Application Request for Branch 33 College Scholarship/Reimbursement

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

College/University: \_\_\_\_\_

Year: circle one

Freshman    Sophomore    Junior    Senior

Parent/Guardian/Grandparent Name: \_\_\_\_\_

**DEADLINE IS May 30, 2025:**

Mail to: Karyn Schmidt  
4979 Anderson Road, Lyndhurst OH 44124



Alliance of  
Transylvanian Saxons



Keep your memories alive  
with this  
**Wendell August**  
ornament depicting the  
unique Eintracht building in  
New Castle, PA

**\$20**



\*A Brief History of the  
Transylvanian Saxons\*  
Booklet \$1.50



Pre-paid orders can be mailed in the continental United States for an additional  
fee. Contact Judy Both at 724-654-0573 or jboth1512@ccncast.net



## CHURCHES



### St. Peter's German and Saxon Lutheran Church

11423 Chicago Rd.  
Warren, Michigan 48093  
(586) 979-3850  
stpeters\_church@sbcglobal.net  
www.stpeterswarren.org

10:00 Service

Nursery

Coffee following service

Senior Circle

## Seniors suffer in 'pharmacy deserts'

A study published in the journal Health Affairs found that nearly 30 percent of U.S. pharmacies closed between 2010 and 2021, leaving many communities in so-called pharmacy deserts. According to the New York Times, reduced access to pharmacies poses a particular threat to older adults, the vast majority of whom take at least one prescription drug each year. Pharmacies also dispense 80 percent of shingles vaccines and as much as 70 percent of flu shots, and provide other essential basic health services that many seniors rely on.

## BRANCH 4, CLEVELAND

By Joan Miller-Malue

We want to thank Jenny King who treated our members to corned-beef sandwiches with potatoes and cabbage in recognition of St. Patrick's Day. Everything was delicious. It was a great start for the evening's meeting.

We had a very successful Chinese Auction/Sausage Dinner! We are so thankful for all our helpers that worked hard all weekend and to our members and friends who donated great items and monetary donations to make this event possible. We are so grateful to the many that attended to make this fundraiser so successful. We had an enjoyable afternoon that will benefit the Sachsenheim. We have the best members and friends!!

Our next event is the Saxon 250 Club yearend banquet which will be held on Friday evening, April 11 at 6:30 p.m. Current 250 Club members have been sent correspondence and reservation form for the banquet. If you are not a member we hope that you consider joining for the 2025-2026 season. Donation to join is \$50. Checks are to be made payable to Saxon 250 Club and mailed to Stephanie Miller, 23500 Wingedfoot Drive, Westlake, OH 44145. The 250 Club is setup to help raise funds to help with expenses at our Sachsenheim. If you have any questions, contact Stephanie at email: saxon250club@gmail.com

Invitations have been sent to the Junior members of Branches 1, 4, 5 and 33 to attend Breakfast with the

Easter Bunny that will be held on Saturday, April 12 at 10:00 a.m. After breakfast we will be entertained by Yo-Yo Show followed by the Egg Hunt. To make reservations text or call me at (216) 233-8631 or email at miller-malue@cox.net by April 7. We need to know the name of the children and their ages. ATS Junior Members are free, adults \$5.00 and non-member children \$10.

And since Spring has sprung, we are asking volunteers for our Spring Clean-up days. We will need help on Thursday, April 24 and on Saturday, April 26. There is work to be done inside and outside. With warmer weather coming we need to clean-up the garden and patio. If you have any questions, contact Rob Hanek at (216) 385-9932. A few hours of your time can mean a difference in the clean-up efforts.

We want to congratulate the Cleveland Saxon Dance Group on another successful Chili Cook-off. The winner of the competition was our dear Branch 33 member, Maria Phillips. She made a Bloody Mary chili made with Saxon sausage. The group is very thankful for the support that will help defray expenses for their European cultural tour this summer.

Our next monthly meeting will be on Monday, April 21, 2025 at 7:00 p.m.

## ATS Branch 1 Saxon 250 Club

The ATS Branch 1 Saxon 250 Club is inviting current and new members to join us for the 2025-2026 club year. The cost to join will again be \$50.00 for annual membership. This is a great opportunity to support our club while taking a chance on some great prizes. Beginning in April, we will draw numbers for 50 consecutive weeks and each winner will be awarded \$25.00, except for week 25, when a special prize of \$100.00 will be awarded. At the end of the club year, each member will be entitled to one ticket to our awards banquet and will be entered into a grand prize drawing where cash prizes ranging from \$50.00 - \$1000.00 will be awarded (winner need not be present). It is not necessary to be a Branch 1 or 4 member to join – membership is open to all adults ages 18 and older.

If you are interested in joining, please make checks payable to Saxon 250 Club and mail to: Stephanie Miller, 23500 Wingedfoot Dr Westlake, OH 44145. Should you have questions, please email us at saxon250club@gmail.com.



We remember our Sisters and Brothers who have departed this life in recent days. Our sincere sympathy is extended to the members of the bereaved families.

### Magdalene Kraus

Age: 95

Died: April 3, 2024  
Branch 4, Cleveland, OH

### Patricia E. Linz

Age: 88

Died: February 10, 2025  
Branch 17, Canton, OH

### Karl F. Adams

Age: 95

Died: March 6, 2025  
Branch 30, Youngstown, OH

### Elizabeth Paal

Age: 87

Died: March 8, 2025  
Branch 27, New Castle, PA

*The very essence of leadership is that you have to have a vision. You can't blow an uncertain trumpet.*

*Theodore M. Hesburgh*

*Learning is about more than acquiring new knowledge. It is also crucial to unlearn old knowledge that has outlived its relevance. Forgetting can be as important as learning.*

*Gary Ryan Blair*

## How to improve your garden soil

Compaction, poor drainage, heavy clay content, and other natural or man-made variations can all lead to less-than-ideal conditions for growing beautiful flowers and perfect tomatoes. But a little elbow grease (and a few bags of aged manure) can yield short and long-term benefits that your plants -- from this year and years to come -- will appreciate.

When air pockets in the soil collapse, the result is compaction -- rock hard soil that starves plant roots of water and oxygen. Compaction has a variety of causes, including foot traffic, heavy machinery, overworking soil or working soil that is too wet or too dry, and high clay content. Minerals like gypsum

work well to aerate clay soils, and the addition of organic material like compost helps create new air pockets in the soil. And while you might not be able to get through the soil,

earthworms can, digging burrows and leaving nutrient-rich droppings wherever they go.

Most plants can't thrive without adequate soil drainage, which keeps the soil oxygenated and also works to prevent compaction. Organic matter such as compost, peat moss, or processed rice husks can help, along with other amendments like sand and perlite. You can also build



up a slope to encourage water to flow away from the flower bed.

Clay soil is an uphill battle for many gardeners, and the solution -- as with so many other garden problems -- is more organic matter, such as compost, well-rotted (not fresh) manure, and leaf mold. Gypsum can also help break up clay soil, but use with caution -- it can alter soil pH and deplete nutrients.



**BRANCH 9, CHICAGO**  
By Rose-Marie Hauer

The meeting was held on March 3, and we had great attendance. The meeting was brought to order by President Thut and all the reports were read and accepted.

On March 2, we held our annual Bowling event at Arlington Lanes. We all bowled and ate pizza afterward. It was such a fun time to have everyone together.

Sick Report- \*none\*

**Mark your calendars for our planned EVENTS for this year:**

June 29 - Picnic at Linne Woods, Morton Grove, IL

September 14 - Banquet at Lone Tree Manor; information to follow

Christmas Party - December 14, 2025

Our next meeting will be held on April 7, at 7 p.m. Hope to see you there!



**Easter Bread: A lovely traditional touch on the holiday**

Tasty spiced and sweet bread is a staple of ancient Easter celebrations in many cultures.

In Slavic cultures, like Poland, Russia, and Ukraine, Paska is a sweet, treat made especially for Easter. A similar Greek tradition features Tsoureki, a light, spiced bread, usually braided into a loaf. Both feature hard-boiled eggs, dyed red, and tucked into dough before baking. The eggs are actually in the shell and, while they can be eaten, they usually are not.

Here is a recipe that is a hybrid of Paska and Tsoureki:

**For the Dough:**

- 4 cups all-purpose flour (plus extra for dusting)
- 2 1/4 tsp (1 packet, 7g) active dry yeast
- 3/4 cup whole milk, warmed to about 110F
- Half cup granulated sugar
- 3 large eggs (2 for dough, 1 for egg wash)
- 1 cup unsalted butter, melted and cooled slightly
- 1 tsp vanilla extract
- Zest of 1 orange (Tsoureki-inspired twist)
- 1/2 tsp salt
- Optional: 1 tsp ground mahleb (a Greek spice from cherry pits) or 1/2 tsp ground cardamom (for a subtle Paska vibe)



**Tsoureki**



**Paska**

**For Decoration:**

- 3-4 hard-boiled eggs, dyed red (traditional, optional)
- 1 tbsp milk (for egg wash)
- Optional: sesame seeds or slivered almonds for sprinkling.

**Instructions**

*Activate the Yeast:*

In a small bowl, combine warm milk, 1 tbsp of the sugar, and yeast. Stir gently and let it sit for 5-10 minutes until foamy. If it doesn't foam, your yeast might be dead—start over.

*Mix the Dough:*

In a large bowl (or stand mixer with dough hook), whisk together flour, remaining sugar, salt, and orange zest (plus mahleb or cardamom if using). Make a well in the center, then add the yeast mixture, 2 eggs, melted butter, and vanilla. Stir until it forms a shaggy dough.

**Knead:**

Knead by hand on a floured surface for 8-10 min-

utes, or in a mixer for 5-7 minutes, until smooth and elastic. The dough should be soft but not sticky—add a little flour if needed.

*First Rise:*

Place the dough in a greased bowl, cover with a clean towel or plastic wrap, and let it rise in a warm spot (75-80F) for 1-1.5 hours, until doubled.

*Shape the Bread:*

Punch down the dough and divide into 3 equal pieces. Roll each piece into a 16-inch (40cm) rope. Braid them together, then either form a round loaf (tucking ends under) or leave as a long braid. If using dyed eggs, gently press them into the dough at intervals (they'll bake in place).

*Second Rise:*

Transfer to a parchment-lined baking sheet, cover, and let rise for 45 minutes until puffy.

*Bake:*

Preheat oven to 350F. Beat the remaining egg with 1 tbsp milk and brush over the dough for a shiny finish. Sprinkle with sesame seeds or almonds if desired. Bake for 30-40 minutes, until golden brown and hollow-sounding when tapped (internal temp of 190F if you've got a thermometer). If the top browns too fast, tent with foil.

*Cool & Serve:*

Let it cool on a rack for at least 20 minutes. Serve warm or at room temp—great plain or with butter.

Yield: 1 large loaf, serves 8-12.

**Notes**

The dyed eggs are edible but might overcook slightly in the oven. For looks only, swap them out post-baking.

Store leftovers wrapped at room temp for up to 3 days or freeze for a month.







**TRACHTENBALL**  
**SATURDAY MAY 3RD, 2025**  
 Doors at 5:30 PM  
 Dinner at 6 PM  
 Savory Schnitzel dinner  
 with all trimmings and dessert  
 Adults \$25  
 Children between 4-10 \$12

**COME DRESSED IN TRACHT OF ANY KIND,  
 AND JOIN US IN THE AUFMARSCH!**

*Performances by:*  
**The Cleveland Saxon Dance Group**

And.....

*"For the last time at The Sachsenheim"*  
**Fred Ziwich and his International Sound Machine**  
*For you listening and dancing pleasure!*

SCAN THIS QR CODE FOR RESERVATIONS



Westside Sachsenheim  
 7001 Denison Ave  
 Cleveland, OH

**BRANCH 27, NEW CASTLE**  
 By Dolores Both

President Judy Both called our first meeting of 2025 to order on March 6 at the club. Although it was cold outside, we were warmed by good feelings to see branch members again. Reports were read and approved. Thank you letters were read for our Christmas donations and for orders of ornaments and booklets. We appreciate the donations included with the orders for ornaments and booklets. Thank you.

Members who have not paid their 2025 dues by the end of January are no longer considered members of Branch 27. We are proud to add Patty Dufford and Ruth Kennedy as honor members of Branch 27.

A brief discussion was held with Karl Hermann and Dany Both, officers of Branch 25, regarding the tentative merger of Branch 25 and Branch 27. Much thought is needed to determine if a merger is feasible. There are 60 members of Branch 27. Twenty-five of those 60 members are honor members and no longer pay dues. The remaining 35 members would be affected by the increase in dues if there was a merger. Judy will send a letter to the dues paying members to determine their interest in paying the increased dues and merging with Branch 25.

Debbie Hermann reported the Children's Christmas party was very successful. Attendance was very good and our Santa Clause did a great job. Thank you Debbie for organizing the party.

Judy suggested we have a Desert Bake-Off as a money-making project for the Eintracht. It will be held on April 26 at 5:00 p.m. Branch 27 ladies and guests will contribute

the desserts and attendees will vote on the best dessert. Prizes will go to first, second and third place winners.

A basket or Purse Bingo is being investigated as a future money-maker.

The Sale of ornaments has been very good. Ornaments are available at the club or from Judy Both.

Ingrid Both-Hoesl is interested in filling the ATS sales deputy position. A vote will be taken at the April meeting.

Our sympathies to Jane Fishovitz and family in the passing of her sister, Cookie.

Judy read her poem "The World is in Trouble" which was very appropriate at this point in time in our country. We played a matching game created by Judy in honor of International Women's Day, March 8. The object of the game was to match the name of the woman with her achievement. Winners of a variety of prizes were: Debbie Hermann, Susan Shenker, Dolores Both, Jane Fishovitz and Linda Stoops.


Two delicious desserts, Buckeye Brownies and White Chocolate Macadamia Nut Bars, provided by Judy, were enjoyed by all. Thank you, Judy.

The April 3 meeting will be at Soni's Restaurant at 6:00 p.m.

Soni's is reserved for our Mother's Day meeting on May 1 at 6:00 p.m. More information will be shared at the April meeting.


**Just a reminder: Only members of the Eintracht are eligible for the club drawings. Reminders of Branch 27 meetings will be distributed via email to those who have provided an email address. The Eintracht phone tree is being selectively utilized.**

**BREAKFAST WITH THE EASTER BUNNY**



**Saturday, April 12, 2025**  
**10:00 a.m.**

**Westside Sachsenheim**  
**7001 Denison Avenue**



All ATS Junior Members of Branches 1, 4, 5 and 33 are invited to attend "Breakfast with the Easter Bunny" at no charge.

Breakfast will be served starting at 10:00 a.m. Following Breakfast we will be entertained by a YoYo Show.

After the entertainment is over you will be invited to participate in an Easter Egg Hunt.

All Children will have the opportunity to make a craft.

Make Reservations by texting or calling: Joan Miller-Malue at (216) 233-8631

If you reach the answering machine, leave your name and telephone number - Joan will call you back OR: You can e-mail Joan at: miller-malue@cox.net Joan will need to know the name and age of each child attending the party.

**DEADLINE FOR RESERVATIONS: April 7<sup>th</sup>**

ATS Junior Member:	FREE
Adults:	\$ 5.00
Non-Member Children	\$ 10.00



**The World Is in Trouble**

*The world is in trouble,  
 on that you must agree.  
 Where we go from this point  
 is entirely up to we.  
 We can't rely on leaders  
 just listen to what they say.  
 Integrity and honesty oft get in their way.  
 We need a higher power on whom we can rely.  
 The answer to our quandary lives beyond the sky.  
 It's time that as a nation on our knees we fall;  
 and for our salvation on God above we call.*

*An original poem by Judith E. Both 2016*





**BRANCH 33, CLEVELAND EAST**  
By Arline Krestel-Suts

Erratic weather lately- 70 degrees wearing short sleeves one day, to 25 degrees wearing a winter parka the next! That is Spring in Northeast Ohio. But not all bad. "It is delightful when a soft, thick snow falls late in spring... helps the trees make more sap for maple syrup, and maple syrup means sweet sugar cakes, and sticky fingers..." ( The Big Woods, Laura Ingalls Wilder). And plenty of the sweet syrup for our pancakes!



**New member,  
Britney Perkins**

Here in Northeast Ohio, it is maple syrup season with buckets and bags hanging from the side of sugar maple trees. The snow we had in Chardon this week is "sugar snow". Helps improve the sap run before trees become leafy. Melts quick and looks pretty glistening in the branches. Crocuses and snowbells peeking through our gardens. We can feel the sun getting warmer and the days longer.

Branch 34 held its March 12th meeting virtually, with about 25 members 'Zooming' in. Happy to see young Elyse Fogel attend! (granddaughter of the Bonnetts)

We were saddened to hear about the sudden death of Sue Branca, nee Raynak; sister of Pam Bonnett, granddaughter of the Reverend John Foisel (from our original St. John's Lutheran Church in Cleveland), niece of Bette Schmidt and cousin of Karyn Schmidt. We talked about our memories of Evelyn Keefer, who passed away February 26.

We made a donation to the Animal Protective League in sister Evelyn's honor. Vice president Maria Phillips led us in a prayer in memory of both. As always, we remember our shut ins and those are not able to attend meetings, thinking of Don Weber, Inge Mahn, Joan Blaha, Bette Schmidt, Dorothy Schneider, Elizabeth Friedsmann, Karen Bretz recently hospitalized. Our prayers are with Herman Volpe hopefully recovering well, and Sharon Volpe who has an upcoming heart surgery.

We welcomed our newest member, Britney Perkins, sponsored by the Suts family. Many of you have met her at recent events; here is a picture of her at the Christmas banquet. So, when you see her at future events, you will recognize her and give her a

resounding ATS Willkommen!

We also have a 50 year member- Maria Fueger Williams. Though she lives in Michigan, we are happy that she has been a sister of Branch 33 for so many years.

Upcoming events: The Westside Sachsenheim is having a cleanup day, I assume inside and outside, on April 26. Members are invited to come and help, more details upcoming.

Our Branch will be making Krapfen this spring! Yes, those delicious donuts we all remember our mothers and grandmothers making. Date is set for Saturday May 10th. At this time, we are taking orders only from Branch members, a two dozen limit, \$10 per dozen. Ema Litschel is taking orders by phone (440) 479-9334. Pick up at Messiah Lutheran Church, 5200 Mayfield Rd. in Lyndhurst, 1-4 p.m.

Our Spring Membership Banquet will be Sunday, May 18, at Saint Noel's Party Center in Willoughby, 1 to 5 p.m. Dinner is served at 2 p.m. sharp. The banquet is free for Br. 33 members, guests' price is \$45. Cindy Schneider is taking reservations (216) 410-8851. This event is to honor all of our members. Please try to attend!

We are busy planning summer events as well; looking at a dinner cruise on the Goodtime II sometime in July. And the date is set for our annual picnic at Penitentiary Glen, Sunday, August 17. More details on those outings in upcoming articles. Remember also to pencil in Heimtag July 11-13th, as well as ATS Family Day at Waldemeer Park in Erie on July 26.

Our next meeting will be Wednesday April 9th; we will again meet virtually via Zoom, so watch your email for the Zoom invite sent by Maria Phillips.



**ATS ANNUAL  
FISHING CHARTER  
SATURDAY, JUNE 21, 2025  
LINDA MAE CHARTER  
226 E. Island Dr.  
Eastlake, OH**

**Just 20 miles East of Downtown Cleveland  
\$35.00 for ATS members  
\$75.00 for non-members  
Pre-paid reservations only  
Including fishing and bait  
Charter departs at 2 p.m  
Please arrive by 1:30**

This is a great opportunity to enjoy what nature has to offer. What better way to spend the day having a great time, relaxing and fishing on Lake Erie. And the great thing about it is it's fun for everybody, from the person who never had a rod in their hand to the professional angler.

Space is limited. First Come, First Serve!

Additional fees, as needed, are:  
Ohio one-day Fishing License \$14.00  
Fishing Pole Rental \$15.00 (lost lures are \$5)  
No License required for anyone under the age of 16

Names: \_\_\_\_\_

Address: \_\_\_\_\_

Cell Phone Number: \_\_\_\_\_ Email: \_\_\_\_\_

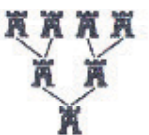
**Please make checks payable to ATS**

**Mail reservation and check to ATS Home Office 5323 Pearl Road Cleveland, OH 44129**

**DEADLINE FOR RESERVATIONS: May 31, 2025**



**Genealogie der  
Siebenbürger Sachsen**



Genealogy of the Transylvanian Saxons | Genealogia saşilor ardeleni | Ūz erdélyi szászok genealógiája

Der Verein für Genealogie der Siebenbürger Sachsen e.V. präsentiert hier genealogische Stammbäume der Siebenbürger Sachsen und weiteren, mit ihnen verbundenen Gemeinschaften. Zur Zeit sind folgende Ortsgenealogien verfügbar: Abtsdorf bei Marktschelken, Arkeden, Birtihalm, Bonnesdorf, Bulkesch, Broos, Draas, Dunesdorf, Durles, Felldorf, Felsendorf, Gießhübel, Hahnbach, Haschagen, Heidendorf, Hermannstadt, Holzmengen, Jakobsdorf bei Agnetheln, Kleinschelken, Kreisch, Kronstadt, Malmkrog, Martinsberg, Mediasch, Michelsdorf an der Kokel, Mühlbach, Neppendorf, Nimesch, Ratsch, Rauthal, Reußen, Reußmarkt, Rosenau, Rothbach, Scharosch an der Kokel, Schirkanyen, Scholten, Seiden, Tarteln, Tartlau, Taterloch, Urwegen, Waldhütten, Wölz, Zendersch, Zuckmantel, und weitere kommen laufend dazu.



**Looking for your Saxon Roots?**

The Verein für Genealogie der Siebenbürger Sachsen e.V. presents genealogical family trees of the Transylvanian Saxons and other communities associated with them. At the moment the following local genealogies are available: Abtsdorf bei Marktschelken, Arkeden, Birtihalm, Bonnesdorf, Bulkesch, Broos, Draas, Dunesdorf, Durles, Felldorf, Felsendorf, Gießhübel, Hahnbach, Haschagen, Heidendorf, Hermannstadt, Holzmengen, Jakobsdorf bei Agnetheln, Kleinschelken, Kreisch, Kronstadt, Malmkrog, Martinsberg, Mediasch, Michelsdorf an der Kokel, Mühlbach, Neppendorf, Nimesch, Ratsch, Rauthal, Reußen, Reußmarkt, Rosenau, Rothbach, Scharosch an der Kokel, Schirkanyen, Scholten, Seiden, Tarteln, Tartlau, Taterloch, Urwegen, Waldhütten, Wölz, Zendersch, Zuckmantel, and more are being added all the time.

You can go to <https://vgss.de/genealogie-datenbank> to begin your research.



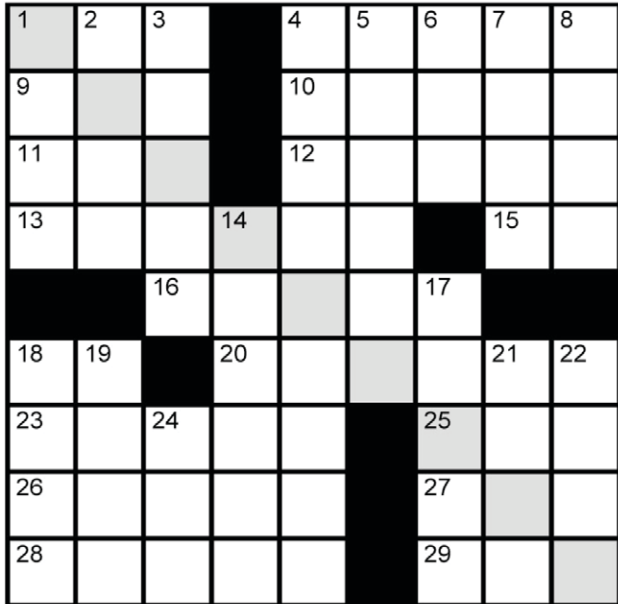
## Flying Helicopter Bug

### Across

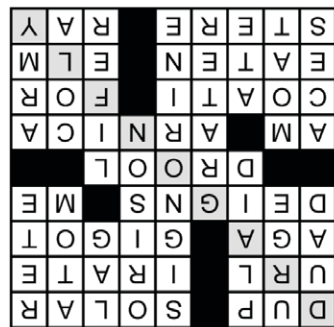
1. Not an orig.
4. Like some renewable energy
9. WWW address
10. Livid
11. Turkish title
12. Mutton or lamb leg
13. Lowers oneself
15. Northeasternmost st.
16. Drivel
18. Radio mode
20. Flowering plant with healing properties
23. Cousin of a raccoon
25. In support of
26. Moth-\_\_\_
27. Freddy Krueger's street
28. Cubic meter
29. Beam

### Down

1. Couple
2. Exhort
3. Kilt pattern
4. Italian unmarried woman
5. Prayer



6. Hang back
7. Proton's place
8. Neural network
14. Kitchen gadget
17. Inmate who's never getting out
18. Air force heroes
19. Castle defense
21. RC, e.g.
22. \_\_\_ brat
24. Lunched



The headline is a clue to the answer in the diagonal.

## Hiert, des Stromes Sälwerwällen (Det Fröhjohr) Hört des Stromes Silberwellen (Das Fröhjohr)

Worte: Misch Wonne

Weise: Hans Mild

1. Hiert, des Stro-mes Säl-wer - wäl - le schlon unt Eïs mät al-ler Kraft. Säht, et äs un al-le Stäl - len uch det Fräh - johr schin er - wacht, säht, et äs un al-le Stäl - len uch det Fräh - johr schin er - wacht.

Refrain: Fräh - johr äs hä, Wäng - ter ver -  
Solo: Fräh - johr äs hä, Wäng - ter ver -  
Solo: Wäng - ter ver - bä, Fräh - johr äs hä, uch der Wäng - ter ver - bä!

1. Hiert, des Stromes Sälwerwällen schlon unt Eïs mät aller Kraft. |: Säht, et äs un alle Ställen uch det Fröhjohr schin erwacht. :|

Refrain:  
Fröhjohr äs hä, Wängter verbä!  
Fröhjohr äs hä,  
uch der Wängter verbä!

2. Wedder fiührt der Bouer ackern, wedder set e senje Soom. |: Lång schin huët des Feiers Flackern messij än eräm säh stohn. :|

3. Uch de Frän se' long gehoochen, hun de Späll gedreht mät Fleiß, |: doch na hun en Ängd dess Woochen, wonn äm Gruewe schmälzt det Eïs. :|

4. Af de Sekt mess na der Roken, Fluës uch Honnef mess em seen, |: wonn em wäll en däcken Zoken\* än de kenft'je Wängter drehn. :|

5. Fröhjohr, Fröhjohr kitt mät Arbet. Frä dich, Män, uch Frä derza; |: norr no schwerer Dägesarbet äs si sess de Owendrah. :|

\* der zu spinnende Flachs- oder Hanf-Bund

Aus: "E Liedchen häft ängden – Alte und neue Lieder aus Siebenbürgen", www.angelika-meltzer.de

1. Hear, the stream's silver wave hits the ice with all his might. See, it's in all places spring has already happily awakened. Refrain: Spring, yay, winter over! Spring, yay, winter is over!

2. Again the farmer goes ploughing, again he casts his seed. Long has been the flickering of the fire seduces him into idleness.

1. Hört, des Stromes Silberwelle schlägt ans Eis mit aller Kraft. |: Seht, es ist an allen Orten schon der Frühling froh erwacht. :|

Refrain:  
Frühling, juchhei, Winter vorbei!  
Frühling, juchhei,  
der Winter vorbei!

2. Wieder fährt der Bauer ackern, wieder wirft er seine Saat. |: Lang schon hat des Feuers Flackern ihn verführt zu Müßiggang. :|

3. Auch die Frau'n sind lang gesessen, Spindeln drehten sie mit Fleiß. |: Doch nun sind vorbei die Wochen, wenn im Graben schmilzt das Eis. :|

4. In den Winkel muss das Rädchen, Flachs und Hanf muss man jetzt sä'n, |: wenn man will ein kräftig Fädchen flink im künft'gen Winter drehn. :|

5. Frühling, Frühling kommt mit Arbeit. Freu dich, Mann, und Frau dazu! Nur nach schwerer Tagesarbeit ist so süß die Abendruh'.

Übertr.: Wolf von Aichelburg

Aus: "E Liedchen häft ängden – Alte und neue Lieder aus Siebenbürgen", www.angelika-meltzer.de

3. The women have also sat for a long time, They turned spindles with diligence. But now the weeks are over, when in the ditch the ice melts.

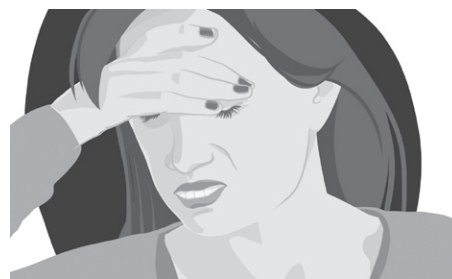
4. The wheel, flax and hemp must now be sown into the angle: . if you want a strong thread nimbly in the future towards winter.

5. Spring, spring comes with work. Rejoice, man and woman! Only after hard day's work It's so sweet the evening rest

## National Stress Awareness Month

### Stress isn't all in your mind

Anita Lesco was a veteran nurse anesthetist, but nothing in her years of experience prepared her for the stress of the COVID-19 pandemic. She did her best to ignore her fear of becoming seriously ill herself and kept coming to work each day. But as Lesco told AARP Magazine, she couldn't keep the anxiety bottled up forever, and in March 2022, she experienced the first panic attack of her life. It wouldn't be the last.



Panic attacks are sudden episodes of intense fear and physical symptoms that can make the sufferer feel as if they're dying. According to the Cleveland Clinic, most people experience them at least once or twice during their lifetimes, and they occur regularly for some. They're an extreme example of the physical toll that stress can exact on us. These symptoms are almost always treatable, but can be difficult to recognize as stress related.

• Headaches. According to Henry Ford Health, stress is a major trigger for tension and migraine headaches.

• Lower back pain. Dr. Lynn Dado of Henry Ford Health comments that most lower back pain isn't a mechanical problem at all, and often results from stress-related muscle tension.

• Jaw pain. Teeth-grinding to rid

ourselves of built-up stress and anxiety is common, and we often don't even realize that we're doing it. In addition to jaw pain and dental problems, it can lead to pain in the neck and shoulders.

• Digestive problems. Stress can ramp up stomach acid production, which can lead to a host of digestive ailments including nausea, heartburn, and diarrhea.

• More frequent illness. Your immune system can also take a hit from excess stress, which leaves you more vulnerable to illness.

The Mayo Clinic encourages people to find active ways to try to manage your stress, like taking walks outside. A balanced diet, healthy sleep habits, and making time for hobbies can also help balance out our stress. If your physical symptoms are severe or fail to resolve with lifestyle changes, see your health care provider to ask about additional treatment options and to be assessed for other underlying causes.

Become concerned and involved  
about the future of your Branch.

Do something about it and it will flourish!





NEW CASTLE, SECTION 6  
EINTRACHT MÄNNERCHOR  
Rehearsal:  
Every Tuesday at 7:30 p.m.



**PRESIDENT**  
Jonathan Baisch  
3336 Plank Rd  
New Castle PA 16105  
(724) 816-6866  
jonathanbaisch@gmail.com

**SECRETARY**  
Paul Garmon  
2305 Highland Ave  
New Castle PA 16105  
(724) 674-7491  
paulgarmon1@gmail.com

**CLEVELAND SAXON DANCE GROUP**  
Rehearsal: Fridays  
6:30 p.m. Children  
7:30 p.m. Adults  
Westside Sachsenheim  
csgd7001@yahoo.com

**PRESIDENT**  
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**SECRETARY**  
Stephanie Miller  
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SAMiller55@sbcglobal.net

**YOUNGSTOWN SAXON CULTURE GROUP**  
Meets: 2nd Sunday of Month  
Youngstown Saxon Club

**PRESIDENT**  
Erna Weber  
525 Quarry Ln  
Warren OH 44483  
(330) 509-9421  
Saxnera@aol.com

**SECRETARY**  
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Warren OH 44485  
(330) 883-7162  
mccartks@gmail.com

**ASK ...**  
**ASK YOUR**  
**DEPUTY HOW**  
**A CERTIFICATE**  
**OF**  
**MEMBERSHIP**  
**IN THE ATS**  
**CAN HELP**  
**YOU**  
**TO SAVE!**

**TRANSYLVANIAN SAXON BOWLING LEAGUE**



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Monica Gilles  
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Lorain, OH 44053  
(440) 309-7894  
gillemo76@hotmail.com

**Are your nieces and nephews members of the ATS? Let them benefit from our fraternal program and be a part of our history!**



**BOOKS**

*The Saxon Cook Book - Third Edition*  
Over 400 Saxon/American Recipes \$12.00 per copy (postpaid)

*Fleeing to the Friendly Enemy* by Barbara Ohler Weber  
A true story of the author's experiences during World War II and her immigration to America in the 1950's.  
\$14.00 per copy (postpaid)

*Flucht aus Siebenbürgen* by Monika Görig/Maria Schneider  
Memoirs of Maria Schneider written in German describing her family's hardships when they had to flee from their home in 1944 and start a new life in Austria.  
\$20 per copy (postpaid)

*Saxons Through Seventeen Centuries*, author Rev. John Foisel  
A paperback which provides a romantic account of the customs and phases of intellectual development of the Transylvanian people. Not intended to be a history of Transylvania, rather a story of our people based upon seventeen centuries of history.  
\$15 per copy (postpaid)

*Why Can't Somebody Just Die Around Here?*, author Gerhard Maroscher. Tells the story of how his family was impacted by World War II. His mother fled Transylvania with two young sons and his father reluctantly served in three Axis armies and was a prisoner of war by the Russians. Family immigrated to the USA to live the American dream.  
\$24.95 per copy (postpaid)

All books unless noted have English Text.

Proceeds from book sales go to the Saxon Orphan Fund Program.

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Meets 2nd Thursday 11:30 a.m.  
Youngstown Saxon Club  
(March - December)

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**BRANCH 10, COLUMBUS**  
By Donald Blum

**MONTHLY MEETING**

**April 21, 2025**

Hickory House  
550 Office Center Place  
Gahanna, Ohio 43239  
12 Noon

Our meetings are the Third (3<sup>rd</sup>) Monday of the month.

**Remember to bring a canned good item, household product or other food item.**

"The generous will themselves be blessed, for they share their food with the poor."

**TRANSYLVANIA TRIP**

On today's Transylvania trip we visited the picturesque town of Timisoara, Romania, with a rich diverse history, dating back to before Christ.

Timisoara, the largest city in western Romania, grew around the site of Castrum Regium Themes, an ancient Roman crossroad fortress. Although surrounded by marshlands, in 1241, Timisoara was invaded and partially destroyed by the Tartars. In 1552, the Turkish armies conquered Timisoara and kept the town under their authority until 1716 when the region of Banat came under Austrian rule. Soon after the Habsburg Empire took over the Banat region, from the Ottomans, the new governor of Banat, General Mercy, commissioned a heptagram-shaped bastion with strong walls, towers and gates.

During early 1720's large numbers of Swabian immigrants settled in Timisoara. The Swabians - skilled craftsmen from Swabia, southern Germany - helped transform Timisoara in a major commercial and manufacturing town. Austrians, Germans, Jews, Serbians and Hungarians all left their mark during the two centuries of Austrian domination of Timisoara.

There is a statue in the central square which represented the settling of the area of three waves of creating a permanent settlement. Timisoara was a vast swampland. The first wave of settlers were stricken with malaria and the entire community died. The second wave figured out how to harness the swampy, useful land on which structures could be built, and conquered the problem of the malaria infested swampland.

The final wave of people were the people that benefited from all the efforts

of the first and second wave of settlers, and built a thriving, vibrant city.

One of the churches demonstrates the ingenuity of conquering the swampland. Most of the churches of Transylvania and Romania had towering steeples as a focal point of the structure. Because much of Timisoara was built on swampland it was feared that to build a similar structure, with its tremendous weight, would sink into the previous swampland base. In order to avoid this, the church did not have a massive steeple structure. In addition, to insure that the structure would not become a casualty of the previous swampland, 10,000 oak trees were cut and used as the foundation for the church base. This is a true example of man adapting to the environment and applying ingenuity to solve a problem.

Austrians, Germans, Jews, Serbians and Hungarians all left their mark during the two centuries of Austrian domination of Timisoara. Their mark can be seen in the structure, streets and way of life they brought to Timisoara.

Another historical site is the Romanian National Opera building. It became the focal point of the Romanian Revolution against Communist rule of Romania. In December 17, 1989 a popular uprising began in Timisoara against the Communist regime of Nicolae Ceausescu. The Hungarian Calvinist pastor Lazlo Tokes was ordered to be deported by the Securitate, or secret police, and as a reaction, his house was surrounded by members of his church. People supporting him, including people of Romanian origin, gathered at the central square (Opera Square). The Communist administration ordered the army to fire at the congregation. However, a number of army officers refused to open fire and sided with the people. That was the beginning of the Romanian Revolution of 1989, which ended the Communist regime a week later. Timisoara was declared the first Free Town on December 20, 1989, suffering 130 reported deaths and 3,352 wounded during the revolution.

This ends our historical journey of Timisoara. We will

pick up the story next time when we celebrate in Timisoara and see how Timisoara is affected by current events happening in the world.

**CELEBRATIONS**

Happy birthday to Don Blum (April 22). Alles Gute zum Geburtstag!

**HUMOR** (Compliments of Sara Alzner-Brown)

Back in the woods a country boy's wife went into labor and a doctor was called to assist in the delivery. Since there was no electricity, the doctor told the man to hold a lantern high so he could see what he was doing. Soon a baby boy was brought into the world. "Whoa there, don't be in a hurry to put that lantern down, it seems there's another one in there." Sure enough, within a few minutes the doctor delivered a baby girl into the world. "No, no, don't be in a rush to put that lantern down, there seems to be yet another one in there." Sure enough, in a few minutes the doctor delivered another baby boy. The country boy looks a little bewildered. He says to the doctor, "Do you think that it's the lights attractin' em?"

**FACEBOOK PAGE**

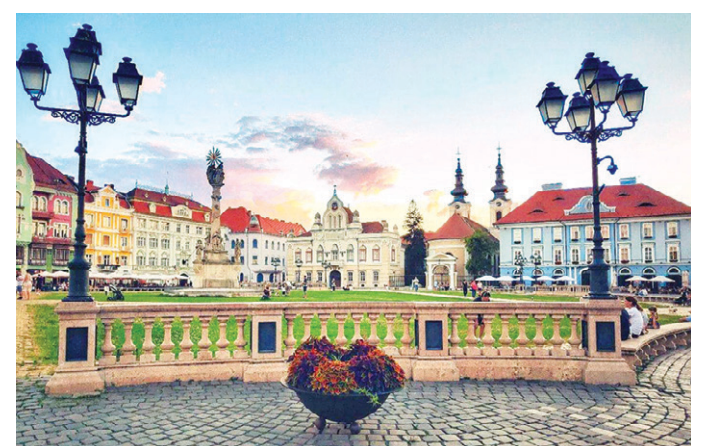
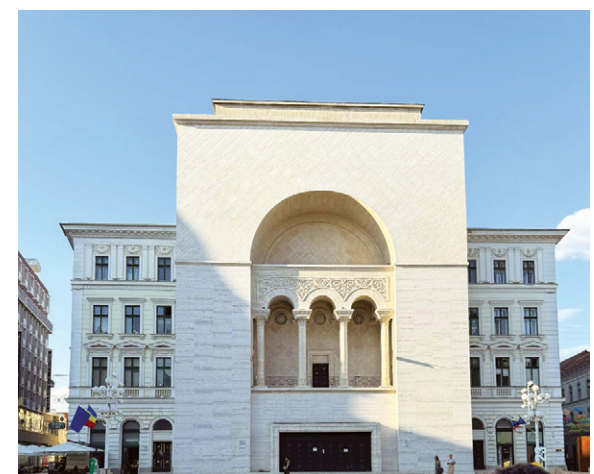
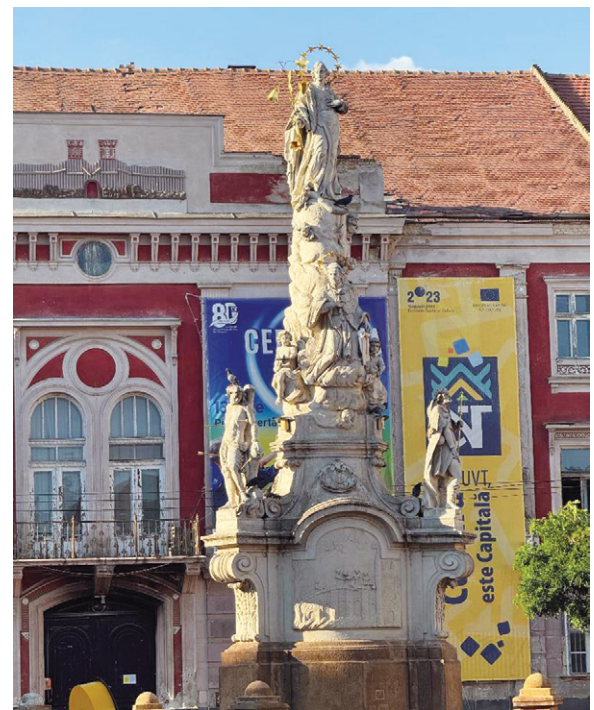
Alliance of Transylvanian Saxons, Columbus Branch 10 (Facebook Group).

We are happy to announce that the group has grown to 235 members. Please invite people to join our Facebook Group, that is open to all people interested in sharing or reading about our Saxon Heritage. We will continue to modify and improve the Facebook page as needed. While we welcome you to join the Columbus Branch 10, you do not need to be a member to join the Facebook Group. You are invited to join our Facebook group and share your Saxon history or just enjoy what others post. If you are interested in becoming part of the Facebook group you can request an invitation or send me your email address (donaldblum@prodigy.net), and we will set you up.

We are happy to say, we continue to add Saxon/German heritage individuals to the Facebook Group. Some of the new members include people from Europe and Canada. We encourage you to spread the word about our group.

**Our Facebook Group is an excellent place to share pictures that anyone would have of the Transylvanian Trip. It's a good reason to join and become a part of sharing Heritage information.**

**Transylvania Trip**







# ATS Summer Fun!



Plan on attending one or more of the events that the  
ATS has planned for you this summer!  
Details for all events will be in future issues of the Volksblatt.

## Fun for ALL Ages!



L-R Front row: Lukas Jones, Alexander Spack, Sophia Snow, Jason Krestel, Logan Aeling, Mora Ziegler. Second row: Alexis Perry, Liam Clay, Madeline Snow, James Thellman. Back Row: Vala Schobel, Andreas Schobel.

**Saxon Summer Camp** is scheduled for **June 15th to June 20th** for our youngsters **ages 7 to 15**. The one-week camp is held at Camp Frederick, a beautiful camp located on 144 acres of forest, rambling streams, rolling hills, glacial rocks and meadows in Rogers, Ohio. Campers are housed in cabins and one evening is devoted to our Transylvanian Saxon culture. Our young ATS members are allowed to bring a friend with them. (Picture from 2019.)



NORTH AMERICAN  
TRANSYLVANIAN  
SAXON  
HEIMATTAG



Join us on **Saturday, June 21st** for the **2025 ATS Fishing Charter** on beautiful Lake Erie. What better way to spend a Saturday than with fellow ATS members enjoying a lazy afternoon on a boat catching Lake Erie Walleye and other assorted treasures. Seats are limited, so get your reservation in early!

Join us in Youngstown, Ohio on **Friday and Saturday, July 11th & 12th** for the **2025 North American Saxon Heimattag**. Help us share in the celebration of our Transylvanian Saxon homeland and heritage. It will be a time to make and renew friendships with our fellow Saxons from the USA and Canada. Stick around on **Sunday, July 13th** and continue the weekend with the members of Branch 30—Youngstown for their Summer picnic.



Join us on **Saturday, July 26** for **ATS Family Day at Waldameer and Water World** in Erie, PA. The Park offers plenty of amusement rides for all ages, as well as lots of water park activities. Bring your picnic basket and cooler and head to Coaster #1 pavilion. The ATS will play Bingo in the afternoon, as well as have a drawing at 5 pm for various prizes. No cost if you do not want to ride the rides. Free Parking and easy access to the pavilion. Come and visit with us!